

## Supplementary tables

Table S1. Distribution (%) of the main economic sectors of frontline workers

	Frontline workers		
	Women	Men	Total
Healthcare	31.3	12.6	21.5
Social-care	19.0	4.2	11.2
Cleaning	14.2	5.6	9.7
Sale of basic commodities	11.3	8.5	9.8
Personal and security services	1.3	4.6	3.0
Catering (delivery)	0.1	0.0	0.1
Transport	7.9	22.0	15.5
Construction and industry	4.2	26.6	16.0
Agriculture	1.3	3.5	2.5
Other activities considered essential	9.4	12.3	10.9

Table S2. Distribution, n (%) of the participants by gender and employment using both non-weighted and weighted data.

	Frontline workers			Non-frontline workers			Total
	Women	Men	Total	Women	Men	Total	
Non-weighted data	3.188 (21.2)	2.387 (15.8)	5.575 (37.0)	5.642 (37.4)	3.853 (25.6)	9.495 (63.0)	15.070
Weighted data	2.771 (19.5)	3.145 (22.1)	5.916 (41.6)	4.402 (30.9)	3.915 (27.5)	8.371 (58.4)	14.233

Table S3. Distribution (%) of the variables on drug consumption, by employment (frontline /non-frontline) and sex.

	Frontline workers			Non-frontline workers		
	Women	Men	Total	Women	Men	Total
In the past thirty days, have you used any tranquilisers/sedatives or sleeping pills?						
No	70.6	84.4	77.9	73.8	84.4	78.8
Yes, I was taking before and now I take the same dose	6.7	4.8	5.7	7.7	5.4	6.6
Yes, I was taking before but now I have increased the dose or I have changed to a stronger one	4.4	1.7	3.0	5.5	2.2	4.0
Yes, I do not usually consume them but in this period I have	18.3	9.1	13.4	13.0	8.0	10.6
In the past thirty days, have you used painkillers (opioids)?						
No	74.5	85.0	80.0	79.6	86.3	82.8
Yes, I was taking before and now I take the same dose	8.2	5.0	6.5	8.0	4.7	6.5
Yes, I was taking before but now I have increased the dose or I have changed to a stronger one	4.0	1.4	2.6	3.1	1.0	2.1
Yes, I do not usually consume them but in this period I have	13.4	8.6	10.9	9.2	8.0	8.6