

Supplementary Table S2. Characteristics of individuals belonging to the three trajectories of heavy drinking among those experiencing illness or death in the family.

| | No heavy drinking (n=535) | Decreasing heavy drinking (n=24) | Constant heavy drinking (n=63) |
|------------------------------|------------------------------|--|--------------------------------------|
| Age in years, mean (SD) | 63.7 (1.5) | 64.3 (1.2) | 63.9 (1.7) |
| Gender, % | | | |
| Men | 69.0 | 2.3 | 28.7 |
| Women | 88.8 | 4.1 | 7.1 |
| Marital status, % | | | |
| Married / cohabiting | 86.2 | 4.2 | 9.6 |
| Not married / cohabiting | 84.6 | 2.7 | 12.7 |
| Occupational status, % | | | |
| High | 80.9 | 5.0 | 14.1 |
| Intermediate | 87.7 | 3.2 | 9.1 |
| Low | 89.2 | 3.0 | 7.8 |
| Neighborhood disadvantage, % | | | |
| Low | 85.6 | 3.6 | 10.8 |
| High | 86.7 | 3.7 | 9.6 |
| Work status, % | | | |
| Full-time work | 87.3 | 2.0 | 10.7 |
| Part-time work or retired | 85.2 | 5.2 | 9.6 |
| Depression diagnosis, % | | | |
| No | 87.0 | 4.6 | 8.5 |
| Yes | 81.0 | 1.9 | 17.1 |
| Anxiety, % | | | |
| Low | 86.8 | 4.0 | 9.2 |
| High | 78.3 | 3.3 | 18.3 |
| Social network size, % | | | |
| > 10 | 85.7 | 4.1 | 10.2 |
| ≤ 10 | 88.2 | 2.6 | 9.2 |
| Smoking, % | | | |
| Never or former | 87.4 | 3.7 | 9.0 |
| Current | 71.9 | 6.3 | 21.9 |