

Supplement Table. Average level and 10 years change at population level in number of physical functioning difficulties according to number of chronic diseases and life-style factors among those participants who remained in the same work status (i.e. full-time work or retired) during the entire follow-up.

	Full-time work				Retired			
	Average		10 year		Average		10 year	
	level*	95% CI	change [†]	95% CI	level*	95% CI	change [†]	95% CI
Overall	1.36	(1.29-1.42)	0.56	(0.31-0.81)	2.69	(2.67-2.72)	0.65	(0.56-0.75)
Number of chronic diseases [‡]								
0	0.70	(0.39-1.00)	0.18	(-0.43-0.78)	1.70	(1.49-1.91)	0.62	(0.49-0.75)
1	1.24	(0.89-1.59)	0.42	(-0.02-0.85)	2.61	(2.40-2.81)	0.66	(0.54-0.77)
2 or more	2.22	(1.72-2.71)	0.56	(0.13-0.99)	3.52	(3.30-3.73)	0.67	(0.54-0.80)
Number of lifestyle-related risks [#]								
0	1.02	(0.69-1.35)	0.39	(-0.02-0.81)	1.95	(1.78-2.13)	0.66	(0.55-0.76)
1	1.29	(0.94-1.64)	0.62	(0.20-1.04)	2.44	(2.27-2.62)	0.69	(0.59-0.79)
2 or more	1.57	(1.20-1.93)	0.21	(-0.37-0.79)	2.88	(2.70-3.06)	0.67	(0.54-0.80)

Notes: Models are adjusted for age, sex, race, education, non-housing wealth, health insurance coverage, BMI, smoking, physical activity, number of diseases and study cohort. * Refers to adjusted population mean in number of physical functioning difficulties. † Refers to increase in number of physical functioning difficulties by every 10 years.