

Table S1 Tools used to measure mental health outcomes

Outcome	Tool	Reference #
Emotional Well-being	Author Generated Survey: Parent Report	43,31,47
	Bar-On Emotional Quotient Inventory: Child Report	40
	Cantril Ladder: Child Report	33
	Kid-KINDL Questionnaire: Child Report	38
	Life as a Whole Scale: Child Report	49
	Hubeners Life Satisfaction Scale: Child Report	49
	Strength and Difficulties Questionnaires: Parent Report	20,21*,28,37**
	Ten Domain Index of Well-being: Child Report	49
	The Basler Well-being Questionnaire: Child Report	34
	UWIST Mood Adjective Checklist: Child Report	41
	Youth Self-report: Child Report	24
	Zuckerman's Inventory of Personal Reactions: Child Report	29
ADD/ADHD	Author Generated Survey: Parent Report	36,45,46
	Diagnostic and Statistical Manual of Mental Disorders 4 th Edition: Teacher Report	20
	Digit Span Backwards: Child Report	44
	Necker Cube Pattern Control Task: Child Report	29
	Opposite Worlds Test: Child Report	47
	Strength and Difficulties Questionnaires: Parent Report	20,21*,28, 37**
Mental Health	General Well-being: Child Report	23
	Author Generated Survey: Parent Report	31, 39
	Mindful Attention and Awareness Scale: Child Report	39
	World Health Organization Well-Being Index: Child Report	48
	Life Attitudes Schedule Short Form: Child Report	24
	Millon Adolescent Clinical Inventory: Child Report	26
	Mental Component Score from the SF-12v2: Child Report	7
Strength and Difficulties Questionnaires: Parent Report	20, 21*	
Self-esteem	Author Generated Survey: Child Report	7
	Coopersmith Self-Esteem Inventory: Child Report	24
	Kid-KINDL Questionnaire: Child Report	38
	Rosenberg Self Esteem Scale: Child Report	6, 22, 32, 52
	Self-Esteem Questionnaire Piers and Harris: Child report	42
	The Behaviour Assessment System for Children: Child Report	25
Stress	Bar-On Emotional Quotient Inventory: Child Report	40
	Lewis Stressful Life Events Scale: Child Report	50
	Perceived Stress Questionnaire: Child Report	39
	Perceived Stress Scale: Child Report	27

Depression	Beck Depression Inventory-II: Child Report	24
	Reynolds Depression Scale-Short Form: Child Report	48
	The Centre for Epidemiologic Studies-Depression Scale: Child Report	30
Resilience	14-item Resilience Scale (RS-14): Child Report	7
	Resiliency Scale for Children and Adolescents: Child Report	51
	The Resilience Questionnaire: Child Report	24
HRQOL	Kid-KINDL Questionnaire: Child Report	38
	Pediatric Quality of Life Inventory 4.0 Generic Core Scale: Child Report & Parent Proxy	35

*Lithuanian Version of SDQ **German Version of SDQ