SUPPLEMENTARY MATERIAL

Supplement A: Definition of the datasets/stages

Table S1: The different populations compared in the analyses.

Population	NDH	NDH	NDH	NDH	NDH	NDH population in
	population	population	population	population	population	who completed
	in surveys	in	offered the	having an	who	Initial Assessment
		healthcare	DPP	Initial	completed	and completed 11
		records		Assessment	Initial	DPP interventions
				at the DPP	Assessment	sessions.
					and	
					completed 8	
					DPP	
					interventions	
					sessions.	
Data	UKHLS;	NDA	NDA	MDS	MDS	MDS
source	HSE					
NDH	Defined as	A Read code	A Read code	Participants	Participants	Participants referred
definition	NDH if	indicating	entered in	referred by	referred by	by primary care to the
	HbA1c	NDH	primary care	primary care	primary care	DPP provider based
	blood levels	diagnosis	electronic	to the DPP	to the DPP	on an HbA1c within
	between 42-	entered in	healthcare	provider	provider	the range 42-
	47mmol/mol	primary care	records	based on an	based on an	47mmol/mol
	or 6.0-6.4%	electronic	indicating	HbA1c	HbA1c within	inclusive.
	inclusive	health	the DPP	within the	the range 42-	
		records.	intervention	range 42-	47mmol/mol	
		HbA1c	has been	47mmol/mol	inclusive.	
		within the	offered.	inclusive.		
		range 42-	HbA1c			
		47mmol/mol	within the			
		inclusive	range 42-			
			47mmol/mol			
			inclusive			
Time	UKHLS:	Jan 2017 to	April 2018	April 2018	April 2018 to	April 2018 to March
period	2010-12	Dec 2019	to March	to March	March 2019	2019
	HSE: 2015-		2019	2019		
	2018					
Sample	UKHLS:	1,109,930	157,420	98,024	29,577	19,916
size	794					
(N)	HSE: 1,383					

UK Household Longitudinal Study

The UK Household Longitudinal Study (UKHLS) is an annual longitudinal survey of over UK 40,000 households. A stratified clustered random sample of households, consisting of the General Populations Sample (GPS) representative of the UK population and a small subsample of the British Household Panel Survey (BHPS). Sociodemographic characteristics were collected at annual interviews and adult participants in waves 2 and 3 (2010-2012) had an additional nurse visit and gave a blood sample. A biomarker collection for all eligible participants was completed in two waves (2&3). In total, approximately 56,198 men and women over 16 years of age participated in the main interview in waves 2 and 3 of UKHLS, of those 12,162 (22%) had HbA1c measurement. In this study, only participants living in England were included in the analytical sample as the NHS DPP focuses on the English population. Therefore, 10,065 participants residing in England with HbA1c measurement were included in the analytical sample. Less than 1% of the participants had missing values in disability, ethnicity, and employment data. Our analytical sample comprised of 9,987 participants, out of these 8,648 (86%) had normal levels of HbA1c, 794 (8%) had NDH, and 545 (6%) had diabetes. To compensate for the loss of information on blood sample data due to various reasons (i.e., no consent, inability to give blood sample etc), missing data were considered missing at random and thus, non-response blood weights were applied to the analyses. More information on how non-response blood weights were structured can be found in the Understanding Society user guide. [1]

Health Survey for England

The Health Survey for England (HSE) is commissioned by the NHS Information Centre for Health and Social Care for the Department of Health. Since 1994, this annual, cross-sectional survey has been carried out in collaboration with the Health and Social Survey Research group at the Department of Epidemiology at University College London. Data collections occur throughout the year. The first stage of data collections includes information on health and health related behaviours in individuals surveyed using visit from a trained interviewer. The second stage includes a nurse visit with further collection of physical measurements and biological samples. All adults (age 16 or over) in the household are eligible for interview, nurse visit and biological sampling. A random probability sample of households (addresses and postcodes) is surveyed every year. We used data between 2015 and 2018. In total, 32,220 (aged 16+) had a main interview, 25,160 (78.1%) completed a nurse visit and 15,453 (61.4%) gave a blood sample. Of those participants who gave blood sample, 14,873 (96.2%) had a HbA1c

measurement. The analytical sample comprised of 1,387 participants whose HbA1c levels were within the range 6.0-6.4% inclusive indicating NDH. After excluding participants with missing information on sociodemographic characteristics the final analytical sample was 1,383 NDH participants. Similar approach to UKHLS data was followed to compensate for missing data. Blood weights were applied to the statistical analyses.

National Diabetes Audit

The National Diabetes Audit (NDA) is part of the National Clinical Audit Programme commissioned by the Healthcare Quality Improvement Partnership and funded by NHS England. The NDA is delivered by NHS Digital partnership with Diabetes UK and is supported by Public Health England. The NDA was established in 2004 to monitor disease management and outcome. Since 2017 all GPs are required to submit patients' data to the NDA. Once an NDH diagnosis had been confirmed, primary care staff would add a Read code to a patient's healthcare record indicating NDH diagnosis. If the DPP intervention is offered, a second Read code indicating the DPP programme had been offered would be added into the healthcare record. Since, January 2017, an NDH module containing healthcare records from patients with an NDH diagnosis code, form part of the National Diabetes Audit (NDA) extraction. We used NDA data from the period between January 2017 until December 2019 and we restricted the analysis only for DPP offered participants. In total, 2,043,010 had at least an HbA1c measurement and 1,529,665 participants had at least an HbA1c measurement. We kept the NDH measurement from the earliest calendar date. After including only those who were DPP offered between April 2018 – March 2019 and excluding 541 (0.04%) participants with missing information in the Index of Multiple Deprivation, our analytical sample comprised of 1,267,350 NDH participants. Out of these, 157,420 were offered to take part in the DPP between April 2018 – March 2019. Therefore, we have created two groups for the NDA data 1) for those who were NDH diagnosed from primary records (NDA) between January 2017 until December 2019 and 2) for those who received a DPP offer between April 2018 until March 2019.

Minimum Data Set

The NHS DPP providers are commissioned to deliver dietary and physical activity behavioural interventions. Four service providers were selected to implement the first service specification of the NHS DPP intervention: Reed Momenta (London, UK), ICS Health and Well-being (Leeds, UK), Ingeus UK (London, UK), and Living Well Taking Control (Birmingham, UK).

Each service provider structures the intervention according to the service specification provided by NHS England. Programme across providers follow a similar structure, including an initial assessment and a minimum of 13 core and maintenance sessions. Individuals identified as having NDH are offered the intervention by their GP, if the offer is accepted, they are referred to participate in the interventions. All service providers were required to collect a minimum data set from the initial assessment and sessions which included demographics and clinical information. To date, NHS England is commissioning delivery of its third service specification, which includes different modes of digital delivery in addition to a group, face to face mode.

Supplement B: Tables and graph from the analyses

Table S2: Summary statistics (UKHLS & HSE & NDA & MDS)

	UK H Long Study	lousehold itudinal	Health Survey for England		National D Audit	iabetes	National Audit	Diabetes	Minimum Data Set					
	General PopulationNon-DiabeticNon-DiabeticHyperglycaemiaHyperglycaemiaSample (794)Sample (1,383)		Diabetes Prevention Programme identified Diabetes Prevention Programme offered			Diabetes Prevention Programme attended		Diabetes complete	Diabetes Prevention Programme completed					
			Non-Diabetic Hyperglycaemia Sample (1,109,930)		Non-Diabetic Hyperglycaemia Sample (157,420)		Non-Diabetic Hyperglycaemia sample (98,024)		Non-Diabetic Hyperglycaemia sample (29,577)		Non-Diabetic Hyperglycaemia sample (19,916)			
	N	%	N	0%	N	%	N	0/0	Initial As	ssessment %	8 session	s %	11 session	s %
Age categories		70		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		70	1,	,		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,
<40	27	6.1	68	7.5	52,770	4.8	10,820	6.9	4,408	4.5	589	2.0	304	1.5
40-49	58	9.3	128	12.0	112,515	10.1	20,920	13.3	9,476	9.7	1,673	5.7	987	5.1
50-59	162	21.4	248	19.2	222,780	20.1	35,710	22.7	19,312	19.7	4,763	16.1	3,035	15.2
60-69	242	26.3	405	25.6	277,300	25.0	39,490	25.1	27,836	28.4	9,663	32.7	6,652	33.4
70-79	202	22.0	354	22.7	278,395	25.1	35,060	22.3	27,739	28.3	10,311	34.8	7,197	36.1
80+	103	14.9	180	13.0	166,175	15.0	15,430	9.8	9,253	9.4	2,578	8.7	1,741	8.7
Sex														
Male	377	44.9	636	47.8	532,300	48.0	74,725	47.5	44,237	45.1	13,476	45.6	9,063	45.5
Female	417	55.1	747	52.2	577,630	52.0	82,700	52.5	53,787	54.9	16,101	54.4	10,853	54.5
Limiting illness or Disability														
No	263	35.0	545	39.4	1,104,070	99.5	156,715	99.6	82,067	83.7	25,430	86.0	17,424	87.5
Yes	531	65.0	838	60.6	5,860	0.5	710	0.4	15,957	16.3	4,147	14.0	2,492	12.5
Ethnicity														
White-British	744	89.8	1,225	85.7	747,470	67.3	96,965	61.4	76,420	78.0	24,637	83.3	16,889	84.9
Ethnic minorities	50	10.2	158	14.3	362,465	32.7	60,460	38.4	21,604	22.0	4,940	16.7	3,017	15.1
Index of Multiple Deprivation														
Least deprived	144	15.8	281	19.3	198,440	17.9	25,920	16.5	22,467	22.9	7,444	25.1	4,905	24.6

4th quintile	164	18.5	302	20.9	214,120	19.3	28,360	18.0	20,039	20.4	6,577	22.2	4,686	23.5
3rd quintile	165	20.2	290	20.8	225,945	20.3	32,010	20.3	19,147	19.6	6,173	21.0	4,300	21.6
2nd quintile	151	20.8	274	20.9	222,280	20.0	35,330	22.4	18,356	18.7	5,260	17.8	3,523	17.7
Most deprived	170	24.7	236	18.2	249,145	22.4	35,805	22.7	18,015	18.4	4,123	13.9	2,502	12.6
Total	794	100.0	1,383	100.0	1,109,930	100.0	157,420	100.0	98,024	100.0	29,577	100.0	19,916	100.0

Notes: N(unweighted) but % (survey non-response weighted). Summary statistics for NDA data have been rounded to 5. Difference in total the NDA data occur due to rounding of the data in adherence with data sharing agreement requirements from the data provided.

	Age categories (ref <40)						
	40-49	50-59	60-69	70-79	80+		
Datasets			OR (95%CIs)				
UKHLS	1(ref)	1(ref)	1(ref)	1(ref)	1(ref)		
HSE	1.01(0.53-1.95)	0.69(0.39-1.24)	0.74(0.42-1.31)	0.77(0.43-1.38)	0.66(0.36-1.20)		
DPP identified	1.11(0.63-1.96)	1.10(0.67-1.83)	1.12(0.68-1.83)	1.52(0.92-2.51)	1.60(0.95-2.69)		
DPP offered	1.03(0.58-1.83)	0.91(0.55-1.52)	0.84(0.51-1.38)	1.02(0.62-1.68)	0.78(0.47-1.32)		
DPP attended	1.19(0.67-2.10)	1.11(0.67-1.84)	1.25(0.76-2.04)	1.56(0.95-2.57)	0.87(0.52-1.46)		
DPP completed_8 sessions	1.51(0.85-2.69)	1.89(1.14-3.15)	2.89(1.75-4.77)	3.83(2.32-6.34)	1.61(0.96-2.72)		
DPP completed_11 sessions	1.68(0.94-3.01)	2.23(1.33-3.73)	3.63(2.19-6.03)	4.87(2.92-8.12)	2.00(1.17-3.39)		
Sex							
Male	1(ref)	1(ref)	1(ref)	1(ref)	1(ref)		
Female	0.75(0.73-0.76)	0.84(0.83-0.86)	0.84(0.83-0.86)	0.96(0.94-0.97)	1.20(1.18-1.22)		
Limiting illness or Disability							
No	1(ref)	1(ref)	1(ref)	1(ref)	1(ref)		
Yes	0.59(0.54-0.63)	0.57(0.53-0.61)	0.49(0.46-0.52)	0.56(0.53-0.60)	0.75(0.70-0.80)		
Ethnicity							
White-British	1(ref)	1(ref)	1(ref)	1(ref)	1(ref)		
Ethnic minorities	0.64(0.63-0.65)	0.34(0.33-0.34)	0.22(0.22-0.23)	0.17(0.17-0.18)	0.20(0.19-0.20)		
Index of Multiple Deprivation							
Least deprived	1(ref)	1(ref)	1(ref)	1(ref)	1(ref)		
4th quintile	0.84(0.80-0.87)	0.78(0.75-0.81)	0.73(0.71-0.76)	0.68(0.65-0.70)	0.64(0.61-0.66)		
3rd quintile	0.74(0.71-0.77)	0.62(0.60-0.64)	0.53(0.52-0.55)	0.45(0.44-0.47)	0.42(0.40-0.43)		
2nd quintile	0.67(0.65-0.70)	0.47(0.45-0.48)	0.34(0.33-0.36)	0.25(0.24-0.26)	0.23(0.22-0.23)		
Most deprived	0.60(0.58-0.62)	0.37(0.35-0.38)	0.23(0.22-0.24)	0.15(0.14-0.15)	0.13(0.12-0.13)		
Constant	4.16(2.35-7.38)	13.89(8.37-23.03)	24.21(14.74- 39.77)	21.60(13.10- 35.63)	11.32(6.74- 19.01)		

Table S3: Multivariable analysis of the general population (UKHLS and HSE) and DPP stages and age groups

Notes: Odds-ratios and 95%CIs from a multinomial logistic regression model. Age regressed on dataset identifier adjusted for socio demographic characteristics. Survey observations are weighted using UKHLS and HSE survey blood weights accounting for selection probabilities, attrition, and non-response.

	<40			40-49			50-59		
	Predicted	95%	6 CIs	Predicted	95%	CIs	Predicted	95%	CIs
	Pr			Pr			Pr		
UKHLS	4%	2.4%	6.5%	10%	7.3%	13.2%	23%	20.0%	26.9%
HSE	6%	3.5%	7.4%	14%	11.2%	16.0%	21%	18.7%	23.7%
DPP identified	4%	3.5%	3.6%	9%	9.0%	9.1%	21%	20.6%	20.8%
DPP offered	5%	4.8%	5.0%	12%	11.4%	11.7%	23%	23.2%	23.7%
DPP attended	4%	3.5%	3.8%	10%	9.8%	10.2%	21%	21.1%	21.7%
DPP completed_8	2%	1.8%	2.2%	6%	6.0%	6.6%	18%	17.4%	18.4%
sessions									
DPP completed_11	1%	0.8%	1.2%	6%	5.3%	6.0%	17%	16.6%	17.7%
sessions									
	(0 (0			50 50			00		
	00-09			70-79			80+		
	Predicted	95%	6CIs	Predicted	95%	CIs	80+ Predicted	95%	CIs
	Predicted Pr	95%	6CIs	Predicted Pr	95%	CIs	80+ Predicted Pr	95%	CIs
UKHLS	Predicted Pr 29%	95 % 25.7%	6 CIs 32.6%	Predicted Pr 21%	95% 18.0%	CIs 23.8%	80+ Predicted Pr 12%	95% 9.5%	CIs
UKHLS HSE	60-69 Predicted Pr 29% 28%	95 % 25.7% 25.6%	6 CIs 32.6% 30.7%	70-79 Predicted Pr 21% 21%	95% 18.0% 18.9%	CIs 23.8% 23.2%	80+ Predicted Pr 12% 10%	95% 9.5% 8.6%	CIs 14.2% 11.7%
UKHLS HSE DPP identified	60-69 Predicted Pr 29% 28% 26%	95 % 25.7% 25.6% 26.0%	CIs 32.6% 30.7% 26.2%	70-79 Predicted Pr 21% 21% 25%	95% 18.0% 18.9% 25.4%	23.8% 23.2% 25.5%	80+ Predicted Pr 12% 10% 15%	95% 9.5% 8.6% 14.9%	CIs 14.2% 11.7% 15.1%
UKHLS HSE DPP identified DPP offered	60-69 Predicted Pr 29% 28% 26% 27%	95 % 25.7% 25.6% 26.0% 26.5%	32.6% 30.7% 26.2% 26.9%	70-79 Predicted Pr 21% 25% 23%	95% 18.0% 18.9% 25.4% 23.0%	23.8% 23.2% 25.5% 23.4%	80+ Predicted Pr 12% 10% 15% 10%	9.5% 9.5% 8.6% 14.9% 10.0%	CIs 14.2% 11.7% 15.1% 10.3%
UKHLS HSE DPP identified DPP offered DPP attended	00-69 Predicted Pr 29% 28% 26% 27% 30%	95 % 25.7% 25.6% 26.0% 26.5% 29.5%	32.6% 30.7% 26.2% 26.9% 30.1%	70-79 Predicted Pr 21% 21% 25% 23% 27%	95% 18.0% 18.9% 25.4% 23.0% 26.4%	CIs 23.8% 23.2% 25.5% 23.4% 27.0%	80+ Predicted Pr 12% 10% 15% 10% 8%	95% 9.5% 8.6% 14.9% 10.0% 8.3%	2 CIs 14.2% 11.7% 15.1% 10.3% 8.6%
UKHLS HSE DPP identified DPP offered DPP attended DPP completed_8	00-69 Predicted Pr 29% 28% 26% 27% 30% 34%	95 % 25.7% 25.6% 26.0% 26.5% 29.5% 33.5%	32.6% 30.7% 26.2% 26.9% 30.1% 34.6%	70-79 Predicted Pr 21% 25% 23% 27% 32%	95% 18.0% 18.9% 25.4% 23.0% 26.4% 31.8%	23.8% 23.2% 25.5% 23.4% 27.0% 32.8%	80+ Predicted Pr 12% 10% 15% 10% 8% 8%	9.5% 9.5% 8.6% 14.9% 10.0% 8.3% 7.8%	2 CIs 14.2% 11.7% 15.1% 10.3% 8.6% 8.2%
UKHLS HSE DPP identified DPP offered DPP attended DPP completed_8 sessions	b0-69 Predicted Pr 29% 28% 26% 27% 30% 34%	95 % 25.7% 25.6% 26.0% 26.5% 29.5% 33.5%	32.6% 30.7% 26.2% 26.9% 30.1% 34.6%	No-79 Predicted Pr 21% 25% 23% 27% 32%	95% 18.0% 18.9% 25.4% 23.0% 26.4% 31.8%	23.8% 23.2% 25.5% 23.4% 27.0% 32.8%	80+ Predicted Pr 12% 10% 15% 10% 8% 8%	9.5% 8.6% 14.9% 10.0% 8.3% 7.8%	14.2% 11.7% 15.1% 10.3% 8.6% 8.2%
UKHLS HSE DPP identified DPP offered DPP attended DPP completed_8 sessions DPP completed_11	b0-69 Predicted Pr 29% 28% 26% 27% 30% 34% 35%	95% 25.7% 25.6% 26.0% 26.5% 29.5% 33.5% 34.0%	32.6% 30.7% 26.2% 26.9% 30.1% 34.6% 35.4%	70-79 Predicted Pr 21% 25% 23% 27% 32% 33%	95% 18.0% 18.9% 25.4% 23.0% 26.4% 31.8% 32.7%	23.8% 23.2% 25.5% 23.4% 27.0% 32.8% 34.0%	80+ Predicted Pr 12% 10% 15% 10% 8% 8% 8%	9.5% 8.6% 14.9% 10.0% 8.3% 7.8% 7.4%	14.2% 11.7% 15.1% 10.3% 8.6% 8.2% 8.1%

Table S4: Predicted probabilities and 95% CIs of the general population (UKHLS and HSE) and various DPP stages for age groups (illustrated in Figure 1).

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	Sex (ref male) OR (95% CIs)
Datasets	
UKHLS	1(ref)
HSE	0.90(0.74-1.10)
DPP identified	0.87(0.75-1.02)
DPP offered	0.91(0.77-1.07)
DPP attended	1.01(0.86-1.18)
DPP completed_8 sessions	0.99(0.84-1.16)
DPP completed_11 sessions	0.99(0.84-1.16)
Age categories	
<40	1(ref)
40-49	0.75(0.74-0.76)
50-59	0.85(0.83-0.86)
60-69	0.85(0.83-0.86)
70-79	0.96(0.95-0.98)
80+	1.20(1.18-1.23)
Limiting illness or Disability	
No	1(ref)
Yes	0.98(0.95-1.00)
Ethnicity	
White-British	1(ref)
Ethnic minorities	1.00(0.99-1.01)
Index of Multiple Deprivation	
Least deprived	1(ref)
4th quintile	1.02(1.01-1.03)
3rd quintile	1.05(1.04-1.07)
2nd quintile	1.11(1.09-1.12)
Most deprived	1.16(1.15-1.17)
Constant	1.26(1.08-1.48)

Table S5: Multivariable analysis of general population (UKHLS and HSE) and DPP stages and sex.

Notes: Odds-ratios and 95%CIs from a logistic regression model. Sex regressed on dataset identifier adjusted for socio demographic characteristics. Survey observations are weighted using UKHLS and HSE survey blood weights accounting for selection probabilities, attrition, and non-response.

		Male		Female			
	Predicted Pr	95%	95%CIs		Pr 95%CIs		
UKHLS	45%	40.8%	48.7%	55%	51.3%	59.2%	
HSE	47%	44.4%	50.1%	53%	49.9%	55.6%	
DPP identified	48%	48.0%	48.2%	52%	51.8%	52.0%	
DPP offered	47%	46.8%	47.3%	53%	52.7%	53.2%	
DPP attended	45%	44.3%	44.9%	55%	55.1%	55.7%	
DPP completed_8 sessions	45%	44.5%	45.6%	55%	54.4%	55.5%	
DPP completed_11	45%	44.3%	45.7%	55%	54.3%	55.7%	

Table S6: Predicted probabilities and 95% CIs of the general population (UKHLS and HSE) and various DPP stages for sex (illustrated in Figure S1).

	Limiting illness or Disability (ref no) OR (95% CIs)
Datasets	
UKHLS	1(ref)
HSE	0.89(0.72-1.10)
DPP identified	0.003(0.003-0.004)
DPP offered	0.003(0.002-0.003)
DPP attended	0.12(0.10-0.14)
DPP completed_8 sessions	0.10(0.08-0.12)
DPP completed_11 sessions	0.09(0.07-0.11)
Age categories	
<40	1(ref)
40-49	0.58(0.54-0.63)
50-59	0.54(0.50-0.57)
60-69	0.44(0.41-0.47)
70-79	0.49(0.46-0.53)
80+	0.65(0.60-0.70)
Sex	
Male	1(ref)
Female	0.99(0.97-1.02)
Ethnicity	
White-British	1(ref)
Ethnic minorities	0.40(0.38-0.42)
Index of Multiple Deprivation	
Least deprived	1(ref)
4th quintile	1.18(1.13-1.23)
3rd quintile	1.32(1.26-1.37)
2nd quintile	1.67(1.60-1.74)
Most deprived	2.19(2.11-2.28)
Constant	2.64(2.18-3.20)

Table S7: Multivariable analysis of general population (UKHLS and HSE) and DPP stages and limiting illness or disability.

Notes: Odds-ratios and 95%CIs from a logistic regression model. Limiting illness or disability regressed on dataset identifier adjusted for socio demographic characteristics. Survey observations are weighted using UKHLS and HSE survey blood weights accounting for selection probabilities, attrition, and non-response. Comparable disability measures are not available in the NDA and DPP offered datasets so these estimates should be interpreted with caution.

Table S8: Predicted probabilities and 95% CIs of the general population (UKHLS and HSE) and variou	ıs
DPP stages for limiting illness or disability (illustrated in Figure 2)	

	No limiting illn	ess or disability	7	Limiting illness	Limiting illness or disability			
	Predicted Pr	95%CIs		Predicted Pr 95%Cl		CIs		
UKHLS	40%	35.8%	44.2%	60%	53.8%	64.2%		
HSE	43%	39.8%	45.8%	57%	54.2%	60.2%		
DPP identified*								
DPP offered*								
DPP attended	85%	84.7%	85.2%	15%	14.8%	15.2%		
DPP completed_8	87%	86.4%	87.2%	13%	12.6%	13.4%		
sessions								
DPP completed_11 sessions	88%	87.8%	88.7%	12%	11.6%	12.4%		

*Comparable disability measures were not available in the DPP identified and offered stages.

	Ethnicity (ref White-British) OR (95% CIs)
Datasets	
UKHLS	1(ref)
HSE	1.40(0.96-2.04)
DPP identified	3.17(2.29-4.41)
DPP offered	3.74(2.69-5.19)
DPP attended	2.02(1.45-2.80)
DPP completed_8 sessions	1.61(1.16-2.23)
DPP completed_11 sessions	1.46(1.05-2.03)
Age categories	
<40	l(ref)
40-49	0.64(0.63-0.65)
50-59	0.34(0.33-0.34)
60-69	0.22(0.22-0.23)
70-79	0.17(0.17-0.18)
80+	0.20(0.19-0.20)
Sex	
Male	1(ref)
Female	1.00(0.99-1.01)
Limiting illness or Disability	
No	1(ref)
Yes	0.46(0.44-0.47)
Index of Multiple Deprivation	
Least deprived	1(ref)
4th quintile	0.96(0.95-0.97)
3rd quintile	1.11(1.10-1.12)
2nd quintile	1.33(1.32-1.35)
Most deprived	1.24(1.22-1.25)
Constant	0.49(0.36-0.69)

Table S9: Multivariable analysis of general population (UKHLS and HSE) and DPP stages and ethnicity

Notes: Odds-ratios and 95%CIs from a logistic regression model. Ethnicity regressed on dataset identifier adjusted for socio demographic characteristics. Survey observations are weighted using UKHLS and HSE survey blood weights accounting for selection probabilities, attrition, and non-response.

	White-British			Ethnic minorities			
	Predicted Pr	95%CIs		Predicted Pr	95%CIs		
UKHLS	87%	83.6%	90.9%	13%	9.1%	16.7%	
HSE	83%	80.5%	85.6%	17%	14.4%	19.5%	
DPP identified	68%	68.2%	68.4%	32%	31.6%	31.8%	
DPP offered	65%	64.4%	64.9%	35%	35.1%	35.6%	
DPP attended	77%	77.0%	77.5%	23%	22.5%	23.0%	
DPP completed_8 sessions	81%	80.5%	81.5%	19%	18.5%	19.5%	
DPP completed_11 sessions	82%	81.9%	83.0%	18%	17.0%	18.1%	

Table S10: Predicted probabilities and 95% CIs of the general population (UKHLS and HSE) and various DPP stages for ethnicity (illustrated in Figure 3)

	Index of Multiple Deprivation (ref least deprived) OR (95%CIs)						
Datasets	Fourth quintile	Third quintile	Second quintile	Most deprived			
UKHLS	1(ref)	1(ref)	1(ref)	1(ref)			
HSE	0.92(0.68-1.25)	0.83(0.61-1.13)	0.79(0.57-1.08)	0.58(0.42-0.79)			
DPP identified	1.03(0.81-1.32)	1.03(0.80-1.33)	1.09(0.84-1.41)	1.22(0.94-1.58)			
DPP offered	1.03(0.80-1.32)	1.07(0.83-1.38)	1.21(0.93-1.57)	1.19(0.92-1.53)			
DPP attended	0.82(0.64-1.06)	0.74(0.58-0.96)	0.74(0.57-0.96)	0.69(0.54-0.89)			
DPP completed_8 sessions DPP	0.83(0.64-1.06)	0.75(0.58-0.97)	0.71(0.54-0.92)	0.55(0.42-0.71)			
completed_11 sessions	0.90(0.70-1.16)	0.81(0.62-1.04)	0.74(0.57-0.96)	0.52(0.40-0.68)			
Age categories							
<40	1(ref)	1(ref)	1(ref)	1(ref)			
40-49	0.84(0.80-0.87)	0.74(0.71-0.77)	0.67(0.65-0.69)	0.60(0.58-0.62)			
50-59	0.77(0.74-0.80)	0.61(0.59-0.64)	0.46(0.45-0.48)	0.37(0.35-0.38)			
60-69	0.73(0.70-0.76)	0.53(0.51-0.55)	0.34(0.33-0.35)	0.23(0.22-0.24)			
70-79	0.67(0.65-0.70)	0.45(0.47-0.47)	0.25(0.24-0.26)	0.15(0.14-0.15)			
80+	0.64(0.61-0.66)	0.42(0.40-0.43)	0.23(0.22-0.23)	0.13(0.12-0.13)			
Sex							
Male	1(ref)	1(ref)	1(ref)	1(ref)			
Female	1.02(1.01-1.03)	1.05(1.04-1.06)	1.10(1.09-1.12)	1.16(1.15-1.17)			
Limiting illness or Disability							
No	1(ref)	1(ref)	1(ref)	1(ref)			
Yes	1.18(1.14-1.23)	1.30(1.25-1.35)	1.59(1.53-1.66)	1.98(1.91-2.06)			
Ethnicity							
White-British	1(ref)	1(ref)	1(ref)	1(ref)			
Ethnic minorities	0.96(0.95-0.97)	1.11(1.09-1.12)	1.33(1.31-1.34)	1.24(1.22-1.25)			
Constant	1.47(1.14-1.89)	2.00(1.55-2.59)	2.58(1.99-3.35)	3.63(2.80-4.70)			

Table S11: Multivariable analysis of general population (UKHLS and HSE) and DPP stages and IMD

Notes: Odds-ratios and 95%CIs from a multinomial logistic regression model. Index of Multiple Deprivation regressed on dataset identifier adjusted for socio demographic characteristics. Survey observations are weighted using UKHLS and HSE survey blood weights accounting for selection probabilities, attrition, and non-response.

	Least deprived			Fourth quintile			Third quintile		
	Predicted Pr	95%	CIs	Predicted Pr	95%	CIs	Predicted Pr	95%	6CIs
UKHLS	19%	15.6%	21.8%	20%	17.0%	23.1%	22%	18.3%	24.9%
HSE	23%	20.2%	25.3%	22%	20.1%	24.9%	22%	19.4%	24.2%
DPP identified	17%	17.3%	17.5%	19%	19.2%	19.3%	21%	20.7%	20.9%
DPP offered	17%	16.8%	17.2%	19%	18.6%	19.0%	21%	20.9%	21.3%
DPP attended	23%	23.1%	23.7%	21%	20.4%	21.0%	20%	19.9%	20.4%
DPP	24%	23.9%	24.9%	22%	21.2%	22.2%	21%	20.8%	21.8%
completed_8 sessions									
DPP	24%	23.0%	24.2%	23%	22.2%	23.3%	22%	21.4%	22.6%
completed_11									
sessions									
	Sec	cond quintile		Most deprived					
	Predicted	ted 95%CIs		Predicted	95%CIs				
	Pr			Pr					
UKHLS	20%	16.9%	23.4%	20%	16.4%	23.6%			
HSE	19%	17.1%	21.6%	14%	11.8%	15.5%			
DPP identified	20%	20.3%	20.5%	22%	21.9%	22.1%			
DPP offered	22%	21.9%	22.3%	21%	20.9%	21.1%			
DPP attended	19%	18.5%	19.0%	17%	16.7%	17.2%			
DPP	19%	18.2%	19.1%	14%	13.7%	14.4%			
completed_8 sessions									
DPP	19%	18.2%	19.3%	13%	12.4%	13.4%			
completed 11									
sessions									

Table S12: Predicted probabilities and 95% CIs of the general population (UKHLS and HSE) and various DPP stages for Index of Multiple Deprivation (illustrated in Figure 4)



Figure S1: Predicted probabilities of the general population (UKHLS and HSE) and various DPP stages for sex. More information about the regression model in Table S4 and predicted probabilities in Table S5. Note: predicted %s (probabilities) and predicted 95%CIs were drawn from regression models by sex for general population and administrative data.

REFERENCES

[1] Benzeval M, Davillas A, Kumari M, Lynn P. Understanding society: the UK household longitudinal study biomarker user guide and glossary. 2014. https://www.understandingsociety.ac.uk/sites/default/files/downloads/documentation/he alth/user-guides/7251-UnderstandingSociety-Biomarker-UserGuide-2014.pdf