

Supplementary Table 1: Ordinal regression on social distancing

<i>Step 1</i>	B	S.E.	β	<i>t</i>	<i>P</i>
K6 SMI cut-off (above)	-.153	.020	-.153	-7.502	.000
Country (China)	-.004	.021	-.006	-.212	.832
Age group (young)	.064	.020	.083	3.115	.002
Sex (female)	.039	.015	.050	2.505	.012
Relationship (single)	-.027	.017	-.031	-1.520	.129
In quarantine (yes)	-.006	.019	-.006	-.310	.757
<i>Step 2</i>					
Country x age group	.239	.042	.859	5.646	.000
Country x quarantine	.011	.041	.022	.274	.784
Country x sex	.087	.030	.253	2.887	.004
Country x relationship	.004	.036	.011	.119	.905
Quarantine x relationship	-.087	.042	-.127	-2.060	.040
K6 SMI cut-off x culture	.317	.040	.505	7.885	.000

Supplementary Table 2: Ordinal regression on self-medication

<i>Step 1</i>	B	S.E.	β	<i>t</i>	<i>P</i>
K6 SMI cut-off (above)	.328	.039	.169	8.511	.000
Country (China)	-.125	.040	-.084	-3.166	.002
Age group (young)	-.128	.039	-.086	-3.306	.001
Sex (female)	-.031	.029	-.021	-1.059	.290
Relationship (single)	-.112	.033	-.067	-3.403	.001
In quarantine (yes)	.274	.037	.152	7.489	.000
<i>Step 2</i>					
Country x age group	-.330	.081	-.611	-4.080	.000
Country x quarantine	-.353	.079	-.353	-4.470	.000
Country x sex	.170	.058	.253	2.935	.003
Country x relationship	.045	.068	.062	.666	.505
Quarantine x relationship	-.099	.081	-.074	-1.220	.223
K6 SMI cut-off x culture	-.016	.077	-.013	-.213	.831