

**Supplementary Table 1.** Multivariable-adjusted odds ratios (OR) and 95% confidence intervals (CI) for current exposure to long working hours by sociodemographic and health-related characteristics of the participants

<b>Characteristic</b>	<b>OR (95% CI) of current versus never working long hours</b>
Age: >50 vs ≤50 years	0.41 (0.39-0.43)
Sex: men vs women	1.86 (1.77-1.95)
Socioeconomic position: intermediate vs low	1.35 (1.26-1.44)
high vs low	3.63 (3.42-3.85)
other/not specified vs low	1.62 (1.45-1.81)
Smoking: former vs never	1.08 (1.02-1.15)
current vs never	1.27 (1.20-1.35)
Alcohol use: no abuse/dependence vs abstinence	1.09 (0.94-1.25)
abuse vs abstinence	1.35 (1.16-1.57)
dependence vs abstinence	1.29 (1.09-1.52)
Physical activity (sports): ≥2 hours/week vs less	0.86 (0.82-0.90)
Depressive symptoms: yes vs no	1.11 (1.05-1.18)
Chronic somatic disease: yes vs no	0.93 (0.88-0.98)