Appendix supplementary table 3. Changes over time in standardized SF-36 subscale scores in crude models according to gender

	PF		RP		BP		GH		VT		SF		RE		MH	
	β	p	β	p	β	p	β	p	β	p	β	p	β	p	β	p
Male																
Year	-0.04	<.0001	-0.01	0.09	-0.01	0.02	-0.03	<.0001	-0.03	<.0001	-0.02	0.001	-0.01	0.04	-0.01	0.13
Year ²	0.002	<.0001	0.0001	0.65	-0.0003	0.20	0.0002	0.30	0.0003	0.16	0.0004	0.12	0.001	0.03	-0.001	<.0001
Female																
1 0																
Year	-0.03	<.0001	-0.01	0.36	-0.02	<.0001	-0.02	<.0001	-0.04	<.0001	-0.01	0.002	-0.01	0.32	-0.02	0.0004
Year ²	0.001	<.0001	-0.0003	0.29	0.0002	0.37	0.0002	0.29	0.001	<.0001	0.0003	0.19	0.000004	0.99	0.0001	0.73

RP and RE were studied only in active people aged between 25 and 64 years old. Results in bold are statistically significant with a 5% threshold.