

Supplementary File 2

Estimated prevalence by mental health risk score and level of social support

	Depressive Symptoms (EPDS $\geq 10$ ) at 4 mo.				Elevated Anxiety (SSAI $\geq 40$ ) at 4 mo.			
Prenatal Cumulative Mental Health Risk Factors ‡	Estimated prevalence among High Support †	Estimated prevalence among Low Support **	Estimated Risk Difference §	Number Needed to Treat ††	Estimated prevalence among High Support †	Estimated prevalence among Low Support **	Estimated Risk Difference §	Number Needed to Treat ††
0	3.8%	5.6%	1.9%	54	4.5%	7.3%	2.8%	36
1	9.4%	14.2%	4.7%	22	11.6%	18.9%	7.3%	14
2	17.3%	25.9%	8.6%	12	22.1%	36.0%	13.9%	8
3 or 4	28.6%	42.9%	14.3%	7	34.7%	56.5%	21.9%	5
	Depressive Symptoms (EPDS $\geq 10$ ) at 1 yr				Elevated Anxiety (SSAI $\geq 40$ ) at 1 yr			
Postpartum Cumulative Mental Health Risk Factors ¥	Estimated prevalence among High Support †	Estimated prevalence among Low Support **	Estimated Risk Difference §	Number Needed to Treat ††	Estimated prevalence among High Support †	Estimated prevalence among Low Support **	Estimated Risk Difference §	Number Needed to Treat ††
0	5.2%	6.4%	1.2%	86	9.0%	15.0%	5.9%	17
1	15.3%	18.8%	3.5%	29	18.2%	30.1%	11.9%	9
2	29.8%	36.6%	6.7%	15	33.6%	55.5%	22.0%	5
3 or 4	43.3%	53.1%	9.8%	11	36.0%	59.6%	23.6%	5

Calculations used to determine estimated prevalences, estimated risk differences and number needed to treat using risk ratio models from Table 2

‡ history of treatment of depression, four or more ACEs, depressive or anxiety symptoms during pregnancy

¥ history of treatment of depression, four or more ACEs, depressive or anxiety symptoms at 4 months postpartum

† Baseline prevalence \* RR for mental health

\*\* Baseline prevalence \* RR for mental health \* RR for low support

§ Estimated prevalence among low support - estimated prevalence among high support

†† 1/RD