

Supplementary Table 1. Foods/drinks and groups of foods/drinks enquired about, by age, wave and cohort*†‡

Age	2-3y		4-5y		6-7y		8-9y		10-11y		12-13y	14-15y
Wave and cohort	2B	3B	1K	4B	2K	5B	3K	6B	4K	5K	6K	
Fresh fruit	●	●	●	●	●	●	●	○	○	○	○	
Fruit juice	●	●	●	●	●	●	●	○	○		○	
Fresh juice										○		
Cooked vegetables	●	●	●	●	●	●	●	○	○	○	○	
Raw vegetables or salad	●	●	●	●	●	●	●	○	○	○	○	
Meat pie, hamburger, hot dog, sausage or sausage roll	●	●	●	●	●	●	●	○	○	○	○	
Hot chips or French fries	●	●	●	●	●	●	●	○	○	○	○	
Potato chips or savoury snacks, such as ‘Twisties’	●	●	●	●	●	●	●	○	○	○	○	
Biscuits, doughnuts, cake, pie or chocolate	●	●	●		●		●					
Biscuits, doughnuts, cake or chocolate				●		●		○	○	○	○	
Full cream milk or full cream milk products	●	●	●	●	●	●	●	○	○		○	
Milk or milk products (e.g. yoghurt or cheese)										○		
Skim, reduced or no fat milk or milk products	●	●	●	●	●	●	●	○			○	
Soy milk or soy milk products									○	○		
Water	●	●	●	●	●	●	●	○	○	○	○	
Non-diet soft drink or cordial	●	●	●	●	●	●	●	○	○	○	○	
Diet or sugar-free soft drink or cordial	●	●		●	●	●	●	○			○	
Bread or toast								○	○	○	○	
Energy drinks (e.g. Redbull, Mother or V)								○			○	
Coffee								○			○	

y, years; B, Baby Cohort; K, Kindergarten Cohort.

*Numbers to the left of ‘B’ and ‘K’ denote waves of LSAC.

†Dots denote the waves in which each food or drink item or group was enquired about. Solid dots (●) denote items reported by parents for the last 24 hours and hollow dots (○) denote items reported by children for the previous day (‘yesterday’).

‡Response options for all items were ‘not at all’, ‘once’ and ‘more than once’ for wave one of the K Cohort, wave two of the B Cohort and wave two of the K Cohort; and ‘not at all’, ‘once’, ‘twice’ and either ‘more than twice’ or ‘three or more times’ for all other waves of both cohorts. For questions with more than three response options, the upper category was collapsed into ‘twice or more’ for the purposes of the statistical analyses, in order to keep all categories consistent between waves.

Supplementary Table 2. Multinomial univariable logistic regression analyses, showing associations between socioeconomic variables and overall dietary score trajectories, for both cohorts*†

Demographic variable	B Cohort trajectories									K Cohort trajectories								
	'Becoming less healthy' (n 752)			'Moderately healthy' (n 1123)			'Never healthy' (n 424)			'Becoming less healthy' (n 1264)			'Moderately healthy' (n 1004)			'Never healthy' (n 597)		
	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡
Either parent highest education																		
Degree	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Completed school	1.50	1.24, 1.81	<0.001	2.27	1.89, 2.73	<0.001	4.27	3.12, 5.85	<0.001	1.80	1.50, 2.16	<0.001	2.25	1.82, 2.79	<0.001	3.02	2.30, 3.96	<0.001
School incomplete	2.69	2.12, 3.43		4.46	3.57, 5.57		11.18	7.92, 15.78		2.57	2.12, 3.12		3.67	2.97, 4.53		6.23	4.75, 8.19	
Neighbourhood disadvantage																		
Least disadvantage	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	1.59	1.18, 2.15	<0.001	1.50	1.12, 2.01	<0.001	1.96	1.15, 3.32	<0.001	1.36	1.04, 1.77	<0.001	1.09	0.81, 1.46	<0.001	1.47	0.95, 2.26	<0.001
Quintile 3	1.45	1.10, 1.92		1.84	1.42, 2.40		2.28	1.35, 3.85		1.35	1.03, 1.77		1.42	1.05, 1.91		2.05	1.38, 3.06	
Quintile 4	1.96	1.49, 2.57		2.45	1.88, 3.19		4.72	2.89, 7.69		2.07	1.63, 2.63		2.16	1.60, 2.91		3.75	2.57, 5.47	
Most disadvantage	1.82	1.34, 2.47		2.97	2.32, 3.80		4.41	2.63, 7.41		1.85	1.45, 2.35		2.03	1.52, 2.71		3.91	2.61, 5.88	
SEP																		
Highest quintile	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	1.79	1.39, 2.31	<0.001	1.44	1.14, 1.82	<0.001	3.83	2.31, 6.37	<0.001	1.55	1.26, 1.91	<0.001	1.60	1.24, 2.07	<0.001	2.69	1.78, 4.05	<0.001
Quintile 3	2.58	2.00, 3.34		2.76	2.17, 3.51		5.88	3.51, 9.83		2.12	1.67, 2.71		2.24	1.69, 2.98		5.75	3.97, 8.31	
Quintile 4	3.42	2.63, 4.45		4.11	3.18, 5.32		12.54	7.67, 20.50		2.42	1.92, 3.05		2.85	2.23, 3.63		6.58	4.40, 9.84	
Lowest quintile	3.10	2.26, 4.27		5.72	4.41, 7.41		22.50	13.86, 36.55		3.39	2.57, 4.46		5.74	4.31, 7.63		15.78	10.72, 23.24	
Combined yearly income pre-tax																		
\$104 000+	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
\$52 000-\$103 999	1.68	1.28, 2.21	<0.001	1.30	1.01, 1.67	<0.001	2.54	1.51, 4.28	<0.001	1.49	1.20, 1.86	<0.001	1.61	1.24, 2.09	<0.001	2.66	1.82, 3.88	<0.001
\$26 000-\$51 999	2.12	1.59, 2.84		2.19	1.70, 2.82		5.57	3.29, 9.44		2.11	1.65, 2.70		2.43	1.86, 3.18		4.08	2.77, 6.02	
<\$26 000	2.33	1.61, 3.36		3.31	2.41, 4.55		9.47	5.36, 16.74		2.27	1.62, 3.19		2.86	2.05, 4.00		7.06	4.48, 11.14	
Both parents mean hours work/week, %																		
1-39	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
0	1.64	1.13, 2.40	0.01	1.96	1.44, 2.67	<0.001	2.92	1.92, 4.43	<0.001	1.28	0.90, 1.80	<0.001	1.68	1.19, 2.38	<0.001	2.61	1.79, 3.80	<0.001
40-59	1.00	0.75, 1.33		0.74	0.58, 0.94		0.73	0.51, 1.06		0.81	0.63, 1.03		0.80	0.60, 1.06		0.86	0.64, 1.17	
60-79	0.98	0.73, 1.31		0.75	0.58, 0.96		0.66	0.45, 0.96		0.65	0.50, 0.84		0.70	0.52, 0.94		0.65	0.47, 0.89	
80+	0.87	0.60, 1.26		0.62	0.47, 0.82		0.57	0.36, 0.90		0.64	0.47, 0.88		0.76	0.55, 1.06		0.69	0.47, 1.01	
Remoteness area																		
Major cities	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Inner regional	1.37	1.09, 1.71	0.02	1.42	1.15, 1.76	<0.001	1.98	1.48, 2.66	<0.001	1.02	0.83, 1.25	0.008	1.08	0.85, 1.37	0.28	1.06	0.77, 1.46	0.03
Outer regional to very remote	1.16	0.89, 1.51		1.51	1.17, 1.95		1.63	1.12, 2.37		1.48	1.16, 1.90		1.26	0.94, 1.68		1.56	1.11, 2.19	
Home ownership																		
Owned outright	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Being paid off	1.16	0.83, 1.61	0.14	1.36	0.98, 1.89	<0.001	1.07	0.63, 1.82	<0.001	1.33	1.05, 1.69	<0.001	1.24	0.94, 1.63	<0.001	1.38	0.98, 1.96	<0.001
Rented	1.41	1.00, 1.99		2.24	1.58, 3.19		2.76	1.57, 4.88		1.84	1.38, 2.45		1.83	1.33, 2.51		2.82	1.95, 4.07	
Other	1.34	0.84, 2.15		2.37	1.55, 3.63		2.54	1.29, 5.00		2.66	1.66, 4.26		2.47	1.46, 4.19		3.10	1.71, 5.59	
Had financial limits on food bought																		
No	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Yes	1.27	1.06, 1.52	0.01	1.31	1.10, 1.57	0.003	1.51	1.19, 1.91	0.001	1.46	1.24, 1.72	<0.001	1.43	1.21, 1.69	<0.001	1.65	1.33, 2.04	<0.001

SEP, socioeconomic position.

*'Always healthy' trajectory=reference category for both cohorts. *n* was 2145 for the 'always healthy' trajectory and 4445 overall for the B Cohort, and 1755 for the 'always healthy' trajectory and 4620 overall for the K Cohort.

†All estimates are weighted.

‡p-value from Wald test for variables with more than two categories.

Supplementary Table 3. Multinomial adjusted* multivariable logistic regression analyses, showing associations between socioeconomic variables and overall dietary score trajectories, for both cohorts†‡

Demographic variable	B Cohort trajectories									K Cohort trajectories								
	'Becoming less healthy'			'Moderately healthy'			'Never healthy'			'Becoming less healthy'			'Moderately healthy'			'Never healthy'		
	<i>(n 673)</i>			<i>(n 956)</i>			<i>(n 353)</i>			<i>(n 1055)</i>			<i>(n 818)</i>			<i>(n 469)</i>		
	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§
SEP																		
Highest quintile	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	1.73	1.32, 2.27	<0.001	1.37	1.07, 1.75	<0.001	3.46	2.02, 5.93	<0.001	1.49	1.20, 1.87	<0.001	1.48	1.13, 1.93	<0.001	2.73	1.71, 4.36	<0.001
Quintile 3	2.34	1.75, 3.12		2.33	1.80, 3.00		4.74	2.75, 8.17		1.91	1.46, 2.51		1.96	1.45, 2.63		5.35	3.46, 8.27	
Quintile 4	3.10	2.29, 4.19		3.19	2.39, 4.25		9.20	5.41, 15.66		2.13	1.62, 2.80		2.38	1.77, 3.19		5.77	3.56, 9.35	
Lowest quintile	2.79	1.87, 4.17		3.96	2.85, 5.49		16.40	9.40, 28.61		3.15	2.23, 4.45		4.95	3.45, 7.10		12.79	7.75, 21.08	
Neighbourhood disadvantage																		
Least disadvantage	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	1.24	0.92, 1.68	0.35	1.42	1.04, 1.93	<0.001	1.42	0.82, 2.44	0.002	1.05	0.79, 1.40	0.10	0.92	0.69, 1.23	0.07	1.20	0.76, 1.91	0.001
Quintile 3	1.09	0.80, 1.49		1.39	1.02, 1.89		1.28	0.73, 2.22		0.99	0.74, 1.33		1.07	0.79, 1.45		1.52	0.99, 2.34	
Quintile 4	1.33	0.97, 1.82		1.71	1.24, 2.35		2.27	1.34, 3.86		1.35	1.02, 1.79		1.35	0.98, 1.86		1.92	1.23, 2.99	
Most disadvantage	1.11	0.80, 1.54		2.09	1.55, 2.82		2.14	1.25, 3.65		1.30	0.96, 1.75		1.28	0.94, 1.76		2.44	1.53, 3.89	
Either parent highest education																		
Degree	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Completed school	1.34	1.09, 1.64	<0.001	1.86	1.52, 2.28	<0.001	3.08	2.13, 4.46	<0.001	1.54	1.25, 1.89	<0.001	1.99	1.57, 2.52	<0.001	2.38	1.77, 3.19	<0.001
School incomplete	2.19	1.63, 2.95		3.01	2.31, 3.93		6.16	4.04, 9.39		2.17	1.70, 2.76		2.94	2.26, 3.82		3.98	2.81, 5.63	
Combined yearly income pre-tax																		
\$104 000+	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
\$52 000-\$103 999	1.43	1.05, 1.93	0.10	0.85	0.65, 1.12	0.23	1.44	0.82, 2.54	0.18	1.04	0.80, 1.35	0.97	1.04	0.78, 1.41	0.88	1.39	0.92, 2.11	0.39
\$26 000-\$51 999	1.56	1.08, 2.25		0.97	0.71, 1.32		1.92	1.02, 3.60		1.07	0.77, 1.50		1.14	0.81, 1.61		1.36	0.84, 2.20	
<\$26 000	1.39	0.78, 2.48		1.21	0.75, 1.94		1.61	0.72, 3.57		1.13	0.66, 1.95		1.10	0.62, 1.96		1.78	0.83, 3.78	
Both parents mean hours work/week, %																		
1-39	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
0	1.31	0.71, 2.42	0.48	1.06	0.64, 1.75	0.53	1.68	0.82, 3.44	0.28	1.13	0.63, 2.02	0.25	1.23	0.69, 2.20	0.81	1.71	0.92, 3.18	0.35
40-59	1.20	0.84, 1.72		1.00	0.76, 1.32		0.88	0.59, 1.32		1.05	0.75, 1.47		1.09	0.75, 1.60		1.12	0.73, 1.71	
60-79	1.38	0.96, 1.99		1.21	0.89, 1.63		1.14	0.74, 1.75		0.84	0.59, 1.18		1.00	0.67, 1.50		0.91	0.58, 1.42	
80+	1.27	0.84, 1.94		1.05	0.76, 1.44		1.03	0.61, 1.73		0.87	0.59, 1.28		1.15	0.76, 1.76		0.96	0.59, 1.54	
Remoteness area																		
Major cities	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Inner regional	1.14	0.90, 1.45	0.49	1.30	1.03, 1.65	0.09	1.47	1.08, 1.99	0.03	0.82	0.65, 1.02	0.03	0.85	0.66, 1.10	0.46	0.82	0.60, 1.12	0.45
Outer regional to very remote	0.99	0.74, 1.31		1.08	0.80, 1.44		0.95	0.60, 1.50		1.24	0.94, 1.65		0.94	0.70, 1.26		0.94	0.66, 1.33	
Home ownership																		
Owned outright	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Being paid off	1.04	0.74, 1.48	0.82	1.42	0.98, 2.05	0.16	1.16	0.63, 2.14	0.13	1.33	1.02, 1.72	0.05	1.12	0.82, 1.53	0.63	1.34	0.91, 1.98	0.48
Rented	1.02	0.69, 1.53		1.57	1.06, 2.34		1.62	0.84, 3.10		1.15	0.81, 1.62		1.09	0.76, 1.55		1.39	0.88, 2.19	
Other	0.84	0.48, 1.44		1.51	0.89, 2.57		1.65	0.73, 3.70		1.83	1.07, 3.14		1.50	0.81, 2.80		1.29	0.62, 2.68	
Had financial limits on food bought																		
No	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Yes	0.87	0.70, 1.07	0.18	0.96	0.78, 1.17	0.66	0.82	0.61, 1.09	0.17	1.21	1.00, 1.48	0.05	1.10	0.90, 1.34	0.35	1.10	0.84, 1.44	0.47

SEP, socioeconomic position; SEIFA, Socio-Economic Indexes for Areas.

*Socioeconomic position was included in a model with SEIFA neighbourhood disadvantage and all covariates (ethnicity (measured by study child Indigenous status and child language other than English spoken at home), parent 1 age, and parent 2 age). SEIFA neighbourhood disadvantage and all single socioeconomic measures were included in the same model with all covariates. Associations presented for SEIFA neighbourhood disadvantage are those for the model where SEIFA neighbourhood disadvantage was included with single socioeconomic measures. Associations remained similar when SEIFA neighbourhood disadvantage was alternatively included in a model with socioeconomic position. The additional inclusion of the study child's number of older siblings and whether the study child was a singleton or from a multiple birth as covariates did not substantially change the associations obtained.

†'Always healthy' trajectory=reference category for both cohorts. *n* was 1996 for the 'always healthy' trajectory and 3978 overall for the B Cohort, and 1551 for the 'always healthy' trajectory and 3893 overall for the K Cohort.

‡All estimates are weighted.

§p value from Wald test for variables with more than two categories.

Supplementary Table 4. Multinomial univariable logistic regression analyses, showing associations between socioeconomic variables and ‘healthy’ pattern trajectories, for both cohorts*†

Demographic variable	B Cohort trajectories									K Cohort trajectories								
	‘Becoming less healthy’ (n 487)			‘Moderately healthy’ (n 1610)			‘Never healthy’ (n 467)			‘Becoming less healthy’ (n 1364)			‘Moderately healthy’ (n 824)			‘Never healthy’ (n 501)		
	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡
Either parent highest education																		
Degree	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Completed school	1.47	1.13, 1.91	<0.001	1.61	1.39, 1.86	<0.001	3.41	2.58, 4.51	<0.001	1.54	1.30, 1.83	<0.001	1.70	1.36, 2.13	<0.001	2.39	1.84, 3.11	<0.001
School incomplete	2.57	1.97, 3.35		2.43	2.00, 2.95		6.34	4.72, 8.52		1.70	1.40, 2.07		2.64	2.11, 3.30		3.70	2.85, 4.80	
Neighbourhood disadvantage																		
Least disadvantage	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	1.63	1.14, 2.34	<0.001	1.33	1.04, 1.71	<0.001	1.66	1.05, 2.62	<0.001	1.59	1.23, 2.05	0.001	1.85	1.37, 2.50	<0.001	1.37	0.87, 2.17	<0.001
Quintile 3	1.58	1.12, 2.23		1.47	1.18, 1.82		1.91	1.23, 2.95		1.51	1.17, 1.94		1.51	1.08, 2.10		1.92	1.28, 2.87	
Quintile 4	2.23	1.66, 2.99		1.54	1.21, 1.97		3.23	2.12, 4.92		1.58	1.24, 2.03		1.99	1.46, 2.72		3.25	2.24, 4.70	
Most disadvantage	1.83	1.33, 2.52		2.13	1.73, 2.62		3.54	2.35, 5.34		1.62	1.27, 2.06		2.10	1.56, 2.83		2.73	1.84, 4.04	
SEP																		
Highest quintile	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	1.43	1.04, 1.98	<0.001	1.46	1.21, 1.77	<0.001	2.21	1.47, 3.32	<0.001	1.38	1.11, 1.70	<0.001	1.66	1.30, 2.11	<0.001	2.07	1.39, 3.09	<0.001
Quintile 3	1.86	1.37, 2.53		2.00	1.62, 2.48		3.46	2.21, 5.43		1.94	1.57, 2.39		2.16	1.61, 2.90		4.09	2.87, 5.83	
Quintile 4	2.79	2.04, 3.82		2.45	1.98, 3.03		6.31	4.30, 9.26		1.91	1.53, 2.40		2.51	1.92, 3.29		3.82	2.64, 5.53	
Lowest quintile	2.21	1.55, 3.14		2.79	2.20, 3.54		7.98	5.29, 12.04		1.81	1.39, 2.35		3.78	2.87, 5.00		5.80	4.02, 8.38	
Combined yearly income pre-tax																		
\$104 000+	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
\$52 000-\$103 999	1.68	1.22, 2.32	<0.001	1.33	1.08, 1.63	<0.001	2.04	1.29, 3.24	<0.001	1.32	1.07, 1.62	0.004	1.50	1.14, 1.97	<0.001	2.56	1.76, 3.71	<0.001
\$26 000-\$51 999	2.44	1.71, 3.48		1.93	1.53, 2.42		3.78	2.31, 6.19		1.52	1.21, 1.91		1.89	1.40, 2.55		3.50	2.41, 5.08	
<\$26 000	2.06	1.30, 3.25		2.19	1.64, 2.94		5.31	3.10, 9.10		1.36	1.02, 1.81		2.04	1.44, 2.90		3.66	2.36, 5.67	
Both parents mean hours work/week, %																		
1-39	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
0	1.22	0.76, 1.96	0.29	1.24	0.93, 1.66	0.001	2.05	1.37, 3.07	<0.001	0.84	0.60, 1.18	0.05	1.11	0.80, 1.55	<0.001	1.19	0.79, 1.81	0.008
40-59	1.00	0.70, 1.43		0.76	0.61, 0.95		0.79	0.54, 1.16		0.80	0.62, 1.03		0.70	0.53, 0.92		0.68	0.48, 0.96	
60-79	1.12	0.76, 1.65		0.83	0.66, 1.04		0.77	0.52, 1.13		0.69	0.53, 0.90		0.61	0.46, 0.81		0.69	0.49, 0.99	
80+	0.78	0.50, 1.21		0.77	0.60, 1.00		0.65	0.41, 1.03		0.72	0.54, 0.95		0.82	0.60, 1.12		0.90	0.62, 1.31	
Remoteness area																		
Major cities	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Inner regional	1.34	1.03, 1.74	0.009	1.37	1.12, 1.68	0.001	1.56	1.15, 2.10	0.006	1.21	1.00, 1.46	0.06	1.29	1.03, 1.62	0.03	1.32	0.97, 1.80	0.02
Outer regional to very remote	1.47	1.10, 1.98		1.36	1.09, 1.68		1.42	1.02, 1.97		1.20	0.99, 1.47		1.31	1.03, 1.66		1.50	1.09, 2.06	
Home ownership																		
Owned outright	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Being paid off	1.73	1.06, 2.82	0.07	1.14	0.88, 1.48	0.06	1.19	0.75, 1.90	<0.001	1.37	1.10, 1.71	0.009	1.32	0.98, 1.78	<0.001	1.47	1.02, 2.11	0.02
Rented	1.98	1.18, 3.31		1.34	1.01, 1.79		1.95	1.19, 3.20		1.52	1.18, 1.96		1.76	1.25, 2.47		1.81	1.25, 2.62	
Other	1.51	0.74, 3.10		1.48	1.01, 2.17		2.34	1.27, 4.31		1.66	1.10, 2.52		2.62	1.62, 4.24		1.67	0.85, 3.26	
Had financial limits on food bought																		
No	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Yes	1.51	1.22, 1.85	<0.001	1.20	1.03, 1.40	0.02	1.34	1.07, 1.67	0.009	1.14	0.97, 1.34	0.12	1.34	1.12, 1.60	0.002	1.29	1.02, 1.63	0.03

SEP, socioeconomic position.

*‘Always healthy’ trajectory=reference category for both cohorts. *n* was 1879 for the ‘always healthy’ trajectory and 4443 overall for the B Cohort, and 1931 for the ‘always healthy’ trajectory and 4620 overall for the K Cohort.

†All estimates are weighted.

‡p-value from Wald test for variables with more than two categories.

Supplementary Table 5. Multinomial adjusted* multivariable logistic regression analyses, showing associations between socioeconomic variables and ‘healthy’ pattern trajectories, for both cohorts†‡

Demographic variable	B Cohort trajectories									K Cohort trajectories								
	‘Becoming less healthy’ (n 441)			‘Moderately healthy’ (n 1421)			‘Never healthy’ (n 395)			‘Becoming less healthy’ (n 1140)			‘Moderately healthy’ (n 670)			‘Never healthy’ (n 410)		
	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§
SEP																		
Highest quintile	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	1.34	0.95, 1.90	<0.001	1.37	1.12, 1.68	<0.001	1.97	1.26, 3.07	<0.001	1.34	1.06, 1.68	<0.001	1.61	1.24, 2.08	<0.001	2.06	1.34, 3.16	<0.001
Quintile 3	1.64	1.16, 2.32		1.81	1.44, 2.27		2.82	1.76, 4.52		1.83	1.45, 2.31		1.99	1.45, 2.74		3.89	2.62, 5.79	
Quintile 4	2.43	1.70, 3.47		2.11	1.65, 2.70		4.97	3.24, 7.64		1.94	1.52, 2.49		2.45	1.78, 3.36		3.46	2.24, 5.33	
Lowest quintile	2.53	1.66, 3.87		2.26	1.65, 3.09		6.91	4.21, 11.33		1.44	1.03, 2.01		3.23	2.25, 4.63		5.01	3.22, 7.78	
Neighbourhood disadvantage																		
Least disadvantage	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	1.32	0.90, 1.94	0.22	1.15	0.90, 1.48	0.006	1.27	0.77, 2.09	0.01	1.46	1.09, 1.94	0.16	1.61	1.16, 2.22	0.06	1.29	0.80, 2.06	0.03
Quintile 3	1.18	0.79, 1.75		1.14	0.90, 1.44		1.17	0.72, 1.91		1.21	0.93, 1.56		1.18	0.82, 1.71		1.40	0.92, 2.14	
Quintile 4	1.51	1.05, 2.17		1.09	0.82, 1.45		1.79	1.11, 2.88		1.21	0.93, 1.59		1.31	0.92, 1.88		1.92	1.26, 2.92	
Most disadvantage	1.19	0.80, 1.76		1.55	1.22, 1.97		1.96	1.22, 3.14		1.25	0.94, 1.65		1.43	0.98, 2.08		1.77	1.13, 2.78	
Either parent highest education																		
Degree	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Completed school	1.26	0.94, 1.68	<0.001	1.44	1.23, 1.69	<0.001	2.60	1.89, 3.56	<0.001	1.50	1.24, 1.82	<0.001	1.62	1.24, 2.10	<0.001	1.95	1.42, 2.68	<0.001
School incomplete	2.13	1.54, 2.95		2.04	1.61, 2.59		4.48	3.16, 6.35		1.59	1.26, 2.01		2.32	1.74, 3.09		2.72	1.96, 3.78	
Combined yearly income pre-tax																		
\$104 000+	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
\$52 000-\$103 999	1.30	0.92, 1.85	0.04	1.08	0.86, 1.35	0.17	1.35	0.81, 2.24	0.14	1.04	0.82, 1.31	0.65	1.04	0.77, 1.41	0.57	1.79	1.19, 2.69	0.01
\$26 000-\$51 999	1.74	1.16, 2.61		1.31	1.00, 1.73		1.75	1.00, 3.08		1.02	0.76, 1.36		1.01	0.68, 1.50		2.23	1.38, 3.60	
<\$26 000	1.25	0.60, 2.60		1.25	0.79, 1.96		1.93	0.94, 3.96		0.78	0.48, 1.28		0.69	0.36, 1.33		1.79	0.91, 3.53	
Both parents mean hours work/week, %																		
1-39	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
0	1.42	0.69, 2.90	0.15	0.93	0.59, 1.46	0.26	1.56	0.84, 2.90	0.31	0.76	0.42, 1.39	0.56	0.93	0.55, 1.59	0.04	1.05	0.55, 1.99	0.04
40-59	1.20	0.79, 1.82		0.88	0.68, 1.13		0.91	0.59, 1.39		0.85	0.60, 1.19		0.67	0.47, 0.97		0.74	0.46, 1.21	
60-79	1.57	0.99, 2.48		1.07	0.81, 1.41		1.14	0.72, 1.80		0.75	0.52, 1.07		0.63	0.43, 0.93		0.89	0.54, 1.46	
80+	1.10	0.66, 1.81		1.07	0.79, 1.44		1.06	0.61, 1.83		0.80	0.56, 1.15		0.88	0.59, 1.32		1.31	0.79, 2.19	
Remoteness area																		
Major cities	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Inner regional	1.07	0.79, 1.45	0.50	1.17	0.94, 1.46	0.32	1.11	0.81, 1.53	0.50	1.03	0.82, 1.29	0.77	1.01	0.77, 1.33	0.99	0.99	0.73, 1.34	0.92
Outer regional to very remote	1.22	0.88, 1.69		1.13	0.89, 1.43		0.86	0.59, 1.26		1.08	0.87, 1.35		1.02	0.77, 1.36		1.07	0.75, 1.54	
Home ownership																		
Owned outright	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Being paid off	1.46	0.88, 2.42	0.34	1.17	0.88, 1.57	0.29	1.17	0.70, 1.96	0.64	1.34	1.06, 1.69	0.11	1.30	0.94, 1.81	0.09	1.66	1.09, 2.53	0.09
Rented	1.27	0.73, 2.22		1.05	0.75, 1.47		1.20	0.68, 2.11		1.31	0.96, 1.79		1.20	0.80, 1.80		1.32	0.81, 2.14	
Other	1.03	0.46, 2.30		0.88	0.55, 1.39		1.60	0.77, 3.30		1.31	0.78, 2.18		2.04	1.15, 3.61		1.23	0.52, 2.91	
Had financial limits on food bought																		
No	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Yes	1.14	0.90, 1.45	0.27	0.94	0.79, 1.11	0.45	0.80	0.61, 1.04	0.09	1.08	0.88, 1.32	0.46	1.21	0.97, 1.52	0.09	1.01	0.76, 1.35	0.94

SEP, socioeconomic position; SEIFA, Socio-Economic Indexes for Areas.

*Socioeconomic position was included in a model with SEIFA neighbourhood disadvantage and all covariates (ethnicity (measured by study child Indigenous status and child language other than English spoken at home), parent 1 age, and parent 2 age). SEIFA neighbourhood disadvantage and all single socioeconomic measures were included in the same model with all covariates. Associations presented for SEIFA neighbourhood disadvantage are those for the model where SEIFA neighbourhood disadvantage was included with single socioeconomic measures. Associations remained similar when SEIFA neighbourhood disadvantage was alternatively included in a model with socioeconomic position. The additional inclusion of the study child’s number of older siblings and whether the study child was a singleton or from a multiple birth as covariates did not substantially change the associations obtained.

†‘Always healthy’ trajectory=reference category for both cohorts. *n* was 1720 for the ‘always healthy’ trajectory and 3976 overall for the B Cohort, and 1673 for the ‘always healthy’ trajectory and 3893 overall for the K Cohort.

‡All estimates are weighted.

§*p* value from Wald test for variables with more than two categories.

Supplementary Table 6. Multinomial univariable logistic regression analyses, showing associations between socioeconomic variables and ‘unhealthy’ pattern trajectories, for both cohorts*†

Demographic variable	B Cohort trajectories									K Cohort trajectories								
	‘Becoming unhealthy’ (n 161)			‘Moderately unhealthy’ (n 1042)			‘Always unhealthy’ (n 208)			‘Becoming unhealthy’ (n 533)			‘Moderately unhealthy’ (n 886)			‘Always unhealthy’ (n 176)		
	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡	OR	95% CI	p‡
Either parent highest education																		
Degree	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Completed school	3.77	2.55, 5.57	<0.001	2.25	1.85, 2.73	<0.001	3.58	2.18, 5.88	<0.001	2.16	1.70, 2.74	<0.001	2.19	1.74, 2.74	<0.001	3.62	2.13, 6.15	<0.001
School incomplete	4.07	2.48, 6.66		4.41	3.56, 5.47		9.77	5.80, 16.45		3.06	2.42, 3.86		3.77	2.97, 4.78		8.74	5.33, 14.32	
Neighbourhood disadvantage																		
Least disadvantage	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	2.11	0.94, 4.76	<0.001	1.77	1.31, 2.39	<0.001	1.38	0.60, 3.19	<0.001	1.43	1.01, 2.03	<0.001	1.20	0.87, 1.65	<0.001	1.16	0.56, 2.39	<0.001
Quintile 3	3.21	1.39, 7.40		1.87	1.37, 2.55		1.98	0.93, 4.19		1.53	1.13, 2.08		1.75	1.26, 2.43		1.47	0.79, 2.77	
Quintile 4	2.71	1.23, 5.95		3.32	2.47, 4.48		3.51	1.71, 7.18		2.06	1.55, 2.76		2.25	1.62, 3.13		2.60	1.41, 4.81	
Most disadvantage	4.98	2.30, 10.80		3.00	2.27, 3.97		4.71	2.21, 10.06		2.68	2.00, 3.61		2.59	1.87, 3.59		5.01	2.86, 8.78	
SEP																		
Highest quintile	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	3.43	1.50, 7.83	<0.001	1.90	1.46, 2.48	<0.001	2.07	0.97, 4.45	<0.001	1.96	1.43, 2.69	<0.001	2.27	1.67, 3.08	<0.001	2.67	1.11, 6.43	<0.001
Quintile 3	6.60	3.01, 14.44		2.83	2.12, 3.77		4.45	2.18, 9.08		2.68	1.92, 3.75		4.06	2.98, 5.51		4.63	2.07, 10.36	
Quintile 4	7.94	3.65, 17.26		3.87	2.94, 5.11		8.83	4.26, 18.31		3.05	2.19, 4.24		3.95	2.84, 5.49		9.19	4.20, 20.11	
Lowest quintile	9.87	4.42, 22.09		6.82	5.23, 8.89		21.98	10.98, 44.00		4.04	2.91, 5.61		7.78	5.61, 10.79		21.64	10.09, 46.40	
Combined yearly income pre-tax																		
\$104 000+	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
\$52 000-\$103 999	2.13	1.07, 4.22	<0.001	1.54	1.16, 2.05	<0.001	2.14	0.96, 4.79	<0.001	1.59	1.17, 2.16	<0.001	2.33	1.73, 3.15	<0.001	3.00	1.28, 7.02	<0.001
\$26 000-\$51 999	3.39	1.60, 7.21		2.48	1.87, 3.27		6.03	2.79, 13.07		2.18	1.56, 3.06		3.27	2.36, 4.54		8.49	3.76, 19.17	
<\$26 000	5.39	2.41, 12.05		4.08	2.95, 5.63		9.38	4.10, 21.47		2.32	1.53, 3.53		4.74	3.16, 7.12		12.83	5.40, 30.50	
Both parents mean hours work/week, %																		
1-39	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
0	1.70	0.86, 3.38	0.11	1.99	1.46, 2.71	<0.001	2.74	1.67, 4.50	<0.001	1.35	0.91, 1.99	0.01	1.81	1.34, 2.45	<0.001	2.98	1.83, 4.87	<0.001
40-59	0.75	0.43, 1.29		0.75	0.58, 0.98		0.68	0.41, 1.15		0.85	0.62, 1.17		0.87	0.66, 1.13		0.58	0.35, 0.98	
60-79	0.98	0.55, 1.75		0.69	0.53, 0.89		0.47	0.26, 0.86		0.71	0.50, 1.01		0.64	0.48, 0.85		0.34	0.18, 0.63	
80+	0.79	0.41, 1.52		0.71	0.53, 0.96		0.29	0.13, 0.63		0.92	0.63, 1.34		0.65	0.48, 0.89		0.41	0.20, 0.83	
Remoteness area																		
Major cities	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Inner regional	1.87	1.22, 2.86	0.003	1.34	1.10, 1.62	0.01	1.82	1.20, 2.75	0.001	0.95	0.73, 1.24	0.03	1.19	0.93, 1.52	0.09	1.26	0.81, 1.98	0.13
Outer regional to very remote	1.79	1.12, 2.86		1.15	0.88, 1.49		2.13	1.42, 3.20		1.50	1.09, 2.07		1.31	1.02, 1.69		1.63	1.00, 2.63	
Home ownership																		
Owned outright	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Being paid off	2.84	1.10, 7.34	0.002	1.16	0.84, 1.58	<0.001	1.17	0.56, 2.46	<0.001	1.30	0.94, 1.79	<0.001	1.08	0.79, 1.46	<0.001	0.96	0.44, 2.08	<0.001
Rented	4.70	1.79, 12.34		1.98	1.42, 2.76		4.00	1.82, 8.79		1.72	1.19, 2.49		1.82	1.30, 2.55		3.18	1.48, 6.82	
Other	4.47	1.67, 11.96		1.75	1.14, 2.67		4.70	2.04, 10.79		2.69	1.58, 4.60		1.63	0.99, 2.71		4.95	1.92, 12.77	
Had financial limits on food bought																		
No	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Yes	1.63	1.14, 2.33	0.007	1.34	1.14, 1.58	<0.001	1.36	0.98, 1.89	0.06	1.25	1.01, 1.55	0.04	1.25	1.05, 1.48	0.01	2.31	1.64, 3.27	<0.001

SEP, socioeconomic position.

*‘Never unhealthy’ trajectory=reference category for both cohorts. *n* was 3032 for the ‘never unhealthy’ trajectory and 4443 overall for the B Cohort, and 3025 for the ‘never unhealthy’ trajectory and 4620 overall for the K Cohort.

†All estimates are weighted.

‡p-value from Wald test for variables with more than two categories.

Supplementary Table 7. Multinomial adjusted* multivariable logistic regression analyses, showing associations between socioeconomic variables and ‘unhealthy’ pattern trajectories, for both cohorts†‡

Demographic variable	B Cohort trajectories									K Cohort trajectories								
	‘Becoming unhealthy’ (n 143)			‘Moderately unhealthy’ (n 882)			‘Always unhealthy’ (n 160)			‘Becoming unhealthy’ (n 454)			‘Moderately unhealthy’ (n 715)			‘Always unhealthy’ (n 114)		
	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§	OR	95% CI	p§
SEP																		
Highest quintile	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	2.72	1.16, 6.40	<0.001	1.72	1.29, 2.28	<0.001	1.89	0.84, 4.21	<0.001	1.71	1.22, 2.39	<0.001	2.18	1.58, 3.01	<0.001	3.33	1.12, 9.89	<0.001
Quintile 3	5.37	2.35, 12.25		2.36	1.74, 3.19		3.98	1.88, 8.44		2.25	1.56, 3.24		3.75	2.71, 5.20		3.87	1.31, 11.38	
Quintile 4	5.60	2.51, 12.48		3.02	2.21, 4.10		6.99	3.17, 15.46		2.18	1.51, 3.14		3.20	2.24, 4.57		8.27	2.93, 23.31	
Lowest quintile	6.73	2.65, 17.04		4.96	3.59, 6.84		14.07	6.22, 31.85		3.82	2.58, 5.66		6.75	4.61, 9.88		22.02	7.66, 63.29	
Neighbourhood disadvantage																		
Least disadvantage	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Quintile 2	1.82	0.78, 4.26	0.07	1.67	1.20, 2.33	<0.001	1.17	0.52, 2.64	0.19	1.13	0.77, 1.67	0.02	0.91	0.63, 1.30	0.005	0.78	0.31, 1.96	0.006
Quintile 3	2.13	0.90, 5.04		1.54	1.09, 2.17		1.23	0.57, 2.66		1.18	0.82, 1.70		1.36	0.92, 2.00		1.03	0.47, 2.24	
Quintile 4	1.47	0.63, 3.41		2.69	1.90, 3.81		1.83	0.86, 3.90		1.22	0.85, 1.76		1.35	0.91, 1.98		1.13	0.50, 2.55	
Most disadvantage	2.67	1.20, 5.97		2.31	1.65, 3.23		2.10	0.94, 4.66		1.85	1.27, 2.69		1.62	1.10, 2.38		2.34	1.15, 4.76	
Either parent highest education																		
Degree	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Completed school	3.00	1.87, 4.82	<0.001	1.67	1.34, 2.07	<0.001	2.35	1.36, 4.05	<0.001	1.83	1.38, 2.41	<0.001	1.86	1.43, 2.43	<0.001	1.67	0.88, 3.18	<0.001
School incomplete	2.72	1.46, 5.03		2.82	2.17, 3.65		5.04	2.73, 9.32		2.57	1.93, 3.43		2.78	2.09, 3.70		4.05	2.28, 7.22	
Combined yearly income pre-tax																		
\$104 000+	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
\$52 000-\$103 999	1.21	0.61, 2.40	0.20	1.01	0.75, 1.38	0.21	1.09	0.46, 2.60	0.22	1.04	0.73, 1.48	0.60	1.47	1.06, 2.04	0.06	1.23	0.52, 2.92	0.79
\$26 000-\$51 999	1.53	0.70, 3.34		1.18	0.84, 1.65		1.53	0.64, 3.67		1.26	0.82, 1.92		1.53	1.03, 2.27		1.44	0.58, 3.58	
<\$26 000	2.56	0.97, 6.79		1.52	0.94, 2.44		0.78	0.22, 2.80		1.26	0.67, 2.37		2.09	1.18, 3.71		1.03	0.29, 3.63	
Both parents mean hours work/week, %																		
1-39	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
0	1.68	0.58, 4.82	0.14	1.44	0.89, 2.33	0.45	1.90	0.79, 4.59	0.30	0.99	0.52, 1.89	0.44	1.56	0.95, 2.57	0.07	2.50	1.05, 5.94	0.007
40-59	1.41	0.68, 2.93		1.03	0.76, 1.39		1.10	0.59, 2.03		0.91	0.62, 1.34		1.09	0.75, 1.59		0.73	0.39, 1.37	
60-79	2.28	1.07, 4.86		1.11	0.81, 1.51		1.04	0.53, 2.05		0.81	0.54, 1.23		0.87	0.58, 1.31		0.47	0.22, 1.00	
80+	1.98	0.87, 4.50		1.21	0.85, 1.72		0.58	0.23, 1.49		1.10	0.71, 1.72		0.87	0.58, 1.31		0.61	0.27, 1.41	
Remoteness area																		
Major cities	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Inner regional	1.48	0.96, 2.28	0.19	1.05	0.82, 1.35	0.03	2.03	1.29, 3.19	0.008	0.79	0.59, 1.07	0.30	0.99	0.74, 1.34	0.98	1.10	0.62, 1.97	0.69
Outer regional to very remote	1.22	0.73, 2.02		0.74	0.57, 0.95		1.53	0.88, 2.66		0.97	0.66, 1.41		0.97	0.73, 1.29		0.81	0.44, 1.51	
Home ownership																		
Owned outright	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Being paid off	3.11	1.14, 8.48	0.11	1.24	0.87, 1.77	0.46	1.87	0.77, 4.57	0.004	1.15	0.82, 1.63	0.31	1.08	0.75, 1.56	0.48	0.96	0.41, 2.27	0.73
Rented	3.79	1.31, 10.93		1.33	0.90, 1.96		3.52	1.33, 9.31		1.10	0.71, 1.70		1.26	0.85, 1.86		1.27	0.50, 3.24	
Other	3.26	0.97, 10.96		1.08	0.64, 1.82		4.45	1.58, 12.53		1.77	0.96, 3.26		0.93	0.49, 1.79		0.89	0.22, 3.65	
Had financial limits on food bought																		
No	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-	Ref	-	-
Yes	1.27	0.87, 1.86	0.22	0.97	0.80, 1.18	0.78	0.78	0.52, 1.19	0.25	0.93	0.72, 1.21	0.60	0.85	0.68, 1.04	0.12	1.56	0.96, 2.52	0.07

SEP, socioeconomic position; SEIFA, Socio-Economic Indexes for Areas.

*Socioeconomic position was included in a model with SEIFA neighbourhood disadvantage and all covariates (ethnicity (measured by study child Indigenous status and child language other than English spoken at home), parent 1 age, and parent 2 age). SEIFA neighbourhood disadvantage and all single socioeconomic measures were included in the same model with all covariates. Associations presented for SEIFA neighbourhood disadvantage are those for the model where SEIFA neighbourhood disadvantage was included with single socioeconomic measures. Associations remained similar when SEIFA neighbourhood disadvantage was alternatively included in a model with socioeconomic position. The additional inclusion of the study child’s number of older siblings and whether the study child was a singleton or from a multiple birth as covariates did not substantially change the associations obtained.

† ‘Never unhealthy’ trajectory=reference category for both cohorts. *n* was 2792 for the ‘never unhealthy’ trajectory and 3976 overall for the B Cohort, and 2611 for the ‘never unhealthy’ trajectory and 3893 overall for the K Cohort.

‡ All estimates are weighted.

§ *p* value from Wald test for variables with more than two categories.