

HEALTH RELEVANCE OF TIME STRUCTURE

(c)

	1. Age	2. CESD	3. Social Activities	4. Self-focused Activities	5. Exercise	6. Sense of Purpose	7. Structured Routine	8. Present Orientation	9. Effective Organization	10. Persistence
<i>Homemakers</i>										
1	79.11									
2	-19.63	173.31								
3	0.15	-6.01	0.98							
4	1.70	-4.70	0.56	1.03						
5	2.74	-6.49	0.57	0.61	2.41					
6	11.74	-49.58	2.30	1.32	1.98	45.26				
7	2.37	-10.70	0.09	0.50	0.25	3.62	13.54			
8	9.45	-10.63	0.28	0.10	0.45	9.90	2.09	12.77		
9	7.77	-36.70	1.87	1.26	1.07	28.78	0.62	7.63	35.85	
10	7.07	-22.57	0.87	0.56	1.01	17.82	-0.25	4.66	14.63	16.07
Mean	33.40	17.27	2.61	2.35	2.30	22.37	21.31	10.57	17.55	15.50
SD	8.89	13.16	0.99	1.01	1.55	6.73	3.68	3.57	5.99	4.01
N	111	111	111	111	111	111	111	111	111	111

HEALTH RELEVANCE OF TIME STRUCTURE

Table S2. Patterns of direct and indirect relationships between activity and depressive symptoms.

	Relationship with depressive symptoms				Model Fit
	Direct		Indirect*		
	<i>B</i>	<i>p</i>	<i>B</i>	<i>p</i>	<i>RMSEA</i>
<i>Self-focused Activity</i>					
Unemployed	-.10	.22	-3.96	.001	.050
Employed	-.23	<.001	-2.03	.002	.123
Homemakers	-.23	.003	-1.56	.047	.069
<i>Social Activity</i>					
Unemployed	-.15	.052	-2.71	.001	.044
Employed	-.29	<.001	-1.92	.003	.122
Homemakers	-.28	<.001	-2.36	.001	.059
<i>Exercise</i>					
Unemployed	-.05	.53	-1.36	.003	.050
Employed	-.12	.042	-1.58	.032	.158
Homemakers	-.21	.008	-.934	.059	.063

*Indirect effects: Bootstrapped (2,000) and percentile based levels of significance