

APPENDIX TABLE B
MEAN MEASUREMENTS (cm.) GIRLS

Age (yrs.) ..		5	6	7	8	9	10	11	12	13	14	15	16
Weight (kg.) ..	A	19.4	21.6	24.6	28.4	30.4	33.6	39.0	43.8	49.8	55.1	56.7	59.5
	C	18.4	20.5	21.9	23.8	26.4	28.8	31.7	35.6	41.9	45.8	—	—
Standing Height ..	A	113.7	119.4	124.7	131.3	134.2	142.0	147.2	154.5	159.6	163.1	163.3	166.1
	C	107.8	112.2	118.3	122.4	127.5	131.7	137.2	142.8	149.8	152.9	—	—
Sitting Height ..	A	63.8	66.0	68.5	71.1	72.1	75.1	77.5	80.9	84.6	86.6	87.2	88.6
	C	60.5	62.8	65.5	67.3	69.2	71.5	73.7	76.0	79.4	80.9	—	—
Leg Length ..	A	56.3	60.3	63.8	68.5	70.6	75.1	78.3	81.6	84.2	85.1	85.5	87.1
	C	52.7	55.9	59.6	62.4	65.4	67.8	71.5	74.8	78.6	79.8	—	—
Arm Length ..	A	45.4	47.4	50.2	53.3	54.5	57.9	60.5	63.7	66.6	67.7	67.9	69.4
	C	44.2	47.1	49.7	50.8	53.0	54.4	57.1	59.8	63.0	63.4	—	—
Foot Length ..	A	17.8	18.5	19.4	20.6	20.8	21.8	22.7	23.3	23.8	23.9	24.1	24.4
	C	16.8	17.7	18.8	19.4	20.3	20.6	21.6	22.3	23.3	23.4	—	—
Foot Breadth ..	A	6.5	7.0	7.2	7.5	7.7	7.9	8.2	8.3	8.6	8.8	8.7	8.8
	C	6.6	6.9	7.0	7.2	7.5	7.8	8.0	8.3	8.6	8.8	—	—
Hand Length ..	A	12.4	13.2	13.7	14.4	14.7	15.3	16.3	16.6	17.3	17.5	17.5	17.7
	C	12.1	12.7	13.1	13.5	14.0	14.3	14.9	15.7	16.6	16.9	—	—
Hand Breadth ..	A	6.0	6.2	6.4	6.7	6.9	7.1	7.3	7.4	7.7	7.8	7.8	8.0
	C	5.8	6.0	6.1	6.3	6.5	6.7	6.9	7.1	7.5	7.7	—	—
Chest Girth (xiphoid level)	A	53.4	55.4	56.6	59.4	60.2	62.3	65.5	67.2	68.9	71.2	71.7	—
	C	54.3	56.4	56.2	57.8	60.1	61.2	63.4	65.7	66.2	68.0	—	—
Waist Girth ..	A	48.5	50.2	52.0	54.9	55.0	56.3	59.4	60.9	63.5	65.9	66.8	66.9
	C	51.7	53.8	53.3	54.4	56.5	57.0	58.3	60.0	62.3	62.7	—	—
Hip Girth ..	A	58.9	60.8	64.1	68.3	70.5	72.8	77.8	82.2	87.6	92.6	94.9	97.1
	C	58.5	61.7	62.9	65.0	67.8	70.1	72.7	76.5	79.6	85.0	—	—
Upper Arm Girth ..	A	15.7	16.4	17.2	18.1	18.7	19.2	20.5	20.9	22.1	23.0	23.3	24.2
	C	16.0	16.5	16.7	17.2	17.9	18.6	18.9	19.7	20.5	21.2	—	—
Wrist Girth ..	A	11.9	11.9	12.3	12.9	13.0	13.5	14.2	14.5	15.0	15.3	15.5	15.7
	C	11.6	12.0	12.0	12.3	12.5	13.0	13.3	13.5	14.3	14.8	—	—
Ankle Girth ..	A	15.2	15.7	16.5	17.4	17.8	18.1	19.2	19.5	19.6	20.3	20.5	20.8
	C	14.7	15.3	15.6	16.2	16.6	16.9	17.7	18.4	19.2	20.2	—	—
Knee Girth ..	A	21.1	22.0	23.3	24.3	25.2	26.4	28.2	29.4	30.7	32.1	33.0	34.0
	C	20.4	21.5	21.8	22.7	23.9	24.6	25.5	27.0	28.8	30.2	—	—
Inter-spinous Breadth ..	A	15.8	16.5	16.7	17.7	18.0	18.8	19.3	20.5	20.9	21.4	22.0	22.2
	C	14.7	15.3	15.5	16.1	16.8	17.6	17.9	18.6	19.8	21.5	—	—
Inter-trochanteric Breadth ..	A	19.8	20.6	21.7	23.1	23.7	24.7	26.2	28.3	30.2	31.3	31.7	32.6
	C	19.5	20.5	21.1	21.8	22.7	23.5	24.6	26.1	28.0	29.3	—	—
Inter-acromial Breadth ..	A	24.3	25.5	26.6	28.1	28.8	30.1	31.0	32.0	33.5	34.4	34.7	35.1
	C	23.2	25.3	25.3	26.2	26.7	28.1	29.3	30.2	31.2	33.2	—	—
Number in Group	A	12	39	56	53	46	57	53	50	73	71	53	52
	C	61	52	51	70	69	49	63	54	52	55	—	—

A = independent schools.

C = council schools (poor districts).

- (1) All girths taken by 1/4-in. wide steel tape, light pressure (about 2 oz. tension).
- (2) Trunk breadths taken with spreading calipers (pelvimeter).
- (3) Leg length taken by steel tape from floor to top of great trochanter.
- (4) Arm length by steel tape from acromium edge to medius, arm horizontal.
- (5) Foot and hand measurements by projection on to squared base.
- (6) Knee girth, minimum below tibial tuberosity and head of fibula.

CORRIGENDA

British Journal of Social Medicine (1953), 7, 162, col. 2:

1. 5 from bottom, for Jenkins read Jenkin.

1. 2 from bottom, for 1935 read 1953.