Abstracts

OP67 DO DOCTORS CONTRIBUTE TO THE SOCIAL PATTERNING OF DISEASE? CONTRASTING FINDINGS FROM AN EPIDEMIOLOGIC SURVEY AND A DECISION MAKING EXPERIMENT

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Background That type 2 diabetes mellitus (T2DM) varies significantly by race and ethnicity is a widely accepted fact. It is often invoked as a base rate (a priori probability) during the process of clinical reasoning. Epidemiological studies repeatedly show undiagnosed T2DM varies more by socioeconomic status (SES), than by race/ethnicity. This study seeks to understand the discrepancy between the true prevalence of undiagnosed T2DM by SES and its continually reported prevalence by race/ethnicity.

Methods Data from two different but complementary studies are employed: a) a large Boston Area Community Health (BACH) survey; and b) a factorial experiment conducted with primary care doctors to examine variations in clinical decision making. The BACH epidemiologic survey (n=5502) employed a stratified, multi-stage cluster sample design and used multivariable techniques including logistic regression. The factorial experiment concerning decision making employed clinically authentic videotaped scenarios presented to primary care doctors (n=192), and used ANCOVA analyses.

Results Results from the epidemiologic survey show that both undiagnosed signs and symptoms and diagnosed T2DM vary similarly by socio-economic status (SES). This finding is independently corroborated by National Health and Nutrition Examination Survey (NHANES) data for diagnosed T2DM. Complementary data from the clinical decision making experiment show the diagnosis of T2DM varies significantly by a patients’ race/ethnicity, controlling for SES, age and gender in the design. While undiagnosed signs and symptoms of T2DM in the community vary significantly by SES, rather than race/ethnicity, following diagnosis by primary care doctors they vary more by race/ethnicity, rather than by SES.

Conclusion Race/ethnicity and SES in the US are almost totally confounded, such that measuring one is essentially also measuring the other. Consequently, doctors generally get the social patterning of T2DM right, but for entirely the wrong reason. Continued patterning of T2DM by race/ethnicity motivates the search for genetic and biophysiological explanations and distracts attention from the more important and potentially modifiable contribution of SES circumstances to the prevalence of T2DM.

A PROFILE OF UNDIAGNOSED DIABETICS IN THE COMMUNITY: RESULTS FROM THE BOSTON AREA COMMUNITY HEALTH (BACH) PRE-DIABETES SURVEY

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Background Research suggests almost 30% of the United States population has undiagnosed diabetes and that diabetics typically have the disease for 4 to 7 years before eventual diagnosis. Delay in initial diagnosis results in greater diabetes-related complications, poorer patient outcomes, and reduced quality of life. Most diabetes research is necessarily confined to diagnosed diabetes. Our objective was to identify risk factors for remaining undiagnosed.

Methods The Boston Area Community Health (BACH) Pre-Diabetes study is an ongoing community-based random-sample cohort study that has enrolled 2,974 participants to date. Participants were asked to fast for 8 hours prior to their interview. Fasting glucose (FG) and glycated hemoglobin (HbA1c) were collected during in-home interviews. Undiagnosed diabetes was defined as FG >125 mg/dL or HbA1c ≥ 6.5%. Risk factors were organized into four logical groupings: 1) socio-demographics, 2) lifestyle/behavioral, 3) utilization/access to healthcare, and 4) health status/comorbidities.

Conclusion Parents’ poor knowledge and un-realistic expectations in relation to RTIs in children contribute to high rates of consultation. Despite awareness of parental perspectives, there remains a problem with parent-HF communication in relation to key information needed by parents to manage child’s illness confidently and know when to consult in future.

THE CONTRIBUTION OF DOCTORS’ DECISIONS TO HEALTHCARE INEQUALITIES: TOWARDS FOURTH GENERATION STUDIES

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Background Healthcare variations are a worrisome and well-documented problem. Such variations occur at different levels: between health care systems, geographic areas, organizational settings, patients, and doctors. Research is increasingly focused on the contribution of doctors’ decision making to the generation or amplification of healthcare disparities. Clinical decision making studies continue to evolve through generations of work that focus on different types of influence: First generation studies identified patient-level attributes (e.g., gender, age, race/ethnicity, SES, health insurance status); Second generation studies on variations associated with physician characteristics (e.g., age, gender and education, specialty and type of remuneration); Third generation studies on health system and

Symptoms might indicate a serious illness; and were surprised at how long a RTI could persist for and how frequently a child could get a RTI, particularly in the first years of life. This was true for parents from all socio-economic backgrounds and with different levels of education. When consulting, parents were often seeking a medical assessment and reassurance. However, parents felt that clinicians were often dismissive and had not properly evaluated the child, often leading to re-consultations. In addition, clinician explanations of diagnosis and treatment recommendations were not well understood by parents, and they remained unclear about how to manage an RTI and when to consult.

Conclusion Parents’ poor knowledge and un-realistic expectations in relation to RTIs in children contribute to high rates of consultation. Despite awareness of parental perspectives, there remains a problem with parent-HF communication in relation to key information needed by parents to manage child’s illness confidently and know when to consult in future.
organizational influences (e.g., size, profit status, location and population served, and most recently, organizational culture).

Methods We used a factorial experimental design in which the subjects, primary care doctors (n=192), viewed clinically authentic vignettes of “patients” presenting with identical signs and symptoms suggesting diabetes. They were stratified according to gender and level of experience. During an in-person interview, they were asked how they would diagnosis and manage the vignette ‘patient’.

Results After controlling for the first two levels of influence (patient and provider), each of which contributed 4.4 and 2% respectively, organizational culture significantly contributed to their behavior, accounting for 14.3% of the variation in clinical decision-making for diabetes. Considering nine different dimensions of practice culture, organizational trust and business emphasis contributed most to the variance in treatment for diabetic foot neuropathy.

Conclusion Attempts to reduce health care variations continues to focus on the levels of patient attributes and physician characteristics (e.g. improved educational efforts). Findings from this experiment suggest a need to further investigate the contribution of organizational factors (third generation) and suggest appropriate interventions at that level. As important however, is the consideration of a fourth generation: cognitive aspects of physician decisions. Qualitative methods (i.e. “think aloud”) and newly developing methods to objectively measure unconscious bias (e.g., the Implicit Association Test) can provide more robust assessment of what goes on “inside the doctors’ head,” which eventually produce healthcare disparities.

HSR: General

THE USE OF NHS ROUTINE DATA TO ANALYSE THE EFFECTS OF HEALTHCARE INTERVENTIONS

Methods We used routine Hospital Episodes Statistics inpatient data from 2004/5 to 2009/10 covering around 1500 London practices. Differences in adjusted trends in emergency admission rates were compared between the polysemic GP practices case studies and other London practices. Multilevel regression models assessed standardized rate ratios, controlling for year variation, GP practice and population factors. We incorporated interaction terms to allow the effects of the polysemic to vary independently by year.

Results Over the study period COPD emergency admission rates fell across London with a yearly admission rate ratio of (95% CI): 0.98 (0.97, 0.99) p<0.001. The rates in the study polysemic did not differ from the rest of London at baseline and there was not enough evidence to suggest that the introduction of the polysemic service in May 2007 had any effect on the admission rates. A total of 12% of the registered COPD population was seen as new contacts in the first year of the service.

Diabetes emergency admission rates have been falling across London over the study period with a yearly admission rate ratio (95% CI) of 0.98 (0.96, 0.99, p<0.001). In the first year of the diabetes intervention, the rate of emergency admissions for diabetes fell by 80% in patients from the polysystem practices compared with London, with an interaction factor (95% CI) of 0.20 (0.13, 0.31) p<0.001 and this fall was maintained in the following year. Intervention in this London Polysystem covered 70% of the diabetic population. The power to detect an effect was increased due to the coverage.

Conclusion NHS routine data can be used to assess the impact of health service interventions that are aimed at reducing admissions. Commissioners must be aware that to assess the impact of interventions, the implementation needs to be on a large scale and that medium term follow up is required in order to study the trends.