Results The prevalence of depression and depressive symptoms were 4.8% and 21.4%, respectively. Depression (OR 8.0; 95% CI 4.2 to 14.3) and depressive symptoms (OR 2.7; 95% CI 1.7 to 4.2) were strongly associated with high disability, even after adjustment for all demographic and socioeconomic conditions and physical morbidities. Depression had a PAF of 15% (95% CI 10% to 19%), whereas depressive symptoms had a PAF of 17% (95% CI 9% to 24%).

Conclusions Depression and depressive symptoms were the morbidities that contributed most to the framework of disability in the elderly. Effective management of depressive states in the elderly, delivered at the primary care level, may reduce the total population disability.

Results While around 40% of the MIX cohort reported never drinking alcohol, 45% scored between 1 and 8 and 17% above 8 on the AUDIT-C. A score of 8+ on the AUDIT-C was associated with a variety of negative health outcomes including non-fatal heroin overdose, as well as increased use of health services such as hospital emergency departments. Participants who reported drinking were more likely to report perpetrating violent crime, but were no more likely to report committing other sorts of crime such as fraud. Drinkers were more likely to report less overall life satisfaction than non-drinkers.

Conclusion The rate of abstinence in the MIX cohort was high, but those who reported drinking alcohol exhibited poorer health and social outcomes. Alcohol was associated with an increase in violent offending within a population with high rates of offending more generally.

Introduction According to the UK government, social exclusion increases the risk of teenage pregnancy and educational factors may be dimensions of such exclusion. In Brazil, around 700,000 girls (32,000 under 14 years) were reported to give birth in 1999.

Objective To compare gestational follow-up and neonatal outcomes in the age groups of 12–14 years (early adolescence), 15–18 years (late adolescence), and 19–35 years (adulthood), based on the number of prenatal visits, birthweight, and 5-min Apgar score.

Method Retrospective cross-sectional study conducted between 1 January 2006 and 31 December 2009, using secondary data (birth statement) from the South Wing Regional Hospital, Brasília, Federal District, Brazil.

Results Of 24,800 newborns, the mothers of 87.06% were adults, 12.25% late adolescents and 0.69% early adolescents. The number of prenatal visits, birthweight, and 5-min Apgar score.

Conclusion Adolescent mothers require special care during gestation as they comprise a risk group that has been neglected. The adverse perinatal outcomes observed underscore the inadequacy of gestational follow-up.

Introduction Alcohol is a major risk factor for heroin overdose, but the effects of alcohol consumption on other health and social outcomes for people who inject drugs have not been systematically evaluated. In this paper we explore the effects of alcohol on health and social outcomes for people who inject drugs.

Methods Data were obtained from 655 people who inject drugs as part of the Melbourne Injecting Drug User cohort study (MIX). AUDIT-C scores (0, 1–2, 3–4, 8+) were generated and associations between these AUDIT-C scores and health and social outcomes were examined using logistic regression for dichotomous outcomes and linear regression for continuous outcomes.

Results The prevalence of depression and depressive symptoms were 4.8% and 21.4%, respectively. Depression (OR 8.0; 95% CI 4.2 to 14.3) and depressive symptoms (OR 2.7; 95% CI 1.7 to 4.2) were strongly associated with high disability, even after adjustment for all demographic and socioeconomic conditions and physical morbidities. Depression had a PAF of 15% (95% CI 10% to 19%), whereas depressive symptoms had a PAF of 17% (95% CI 9% to 24%).

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Results Of 24,800 newborns, the mothers of 87.06% were adults, 12.25% late adolescents and 0.69% early adolescents. The number of prenatal visits was adequate (≥7 visits) in 85.60% of the adults, and in only 14.00% and 0.40% of the late and early adolescents, respectively, with statistically significant differences. Birthweight distribution also significantly differed among groups. In adult pregnancies, birthweight values were the highest, although mean values were within the normal range. The proportion of low birthweight was significantly higher in early adolescence pregnancies. Five-minute Apgar scores were inadequate in 4.80% of late adolescence pregnancies, 2.80% of late adolescence pregnancies, and 1.90% of adult pregnancies, with distribution also differing among groups.

Conclusion Adolescent mothers require special care during gestation as they comprise a risk group that has been neglected. The adverse perinatal outcomes observed underscore the inadequacy of gestational follow-up.