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**CONTRIBUTORS**

CC contributed to conception of the trial. CM and MW ran the focus group. CM, CC, and DK planned and designed the trial. DK and MW provided advice throughout the trial. All authors collected data. CM analysed the data. DK and CC checked the analyses and contributed to the interpretation of the data. CM wrote the initial manuscript and coordinated subsequent revisions. All authors contributed to the critical revision of the manuscript. CM coordinated the trial and is guarantor.

**Authors' affiliations**

**C A Mulvaney, D Kendrick, C A C Coupland**, Division of Primary Care, University of Nottingham, Nottingham, UK

**M C Watson**, School of Nursing, Queen's Medical Centre, Nottingham, UK

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**John R Ashton**

North West Public Health Team, Department of Health, 18th Floor, Sunley Tower, Piccadilly Plaza, Manchester M1 4BE, UK; johnrashton@blueyonder.co.uk

