

Syntex offer you a simple method to select clinically the oral contraceptive best-suited to your patient's hormone balance

Patient hormonal profile assessment

Name: _____ Date: _____

Address: _____

Medical history (past & present)

Menstrual history: Last cycle: _____
Days of bleed: _____
Days of pain: _____

Patient's normal cyclic symptoms

Pre-menstrual signs:
Pain, Swelling, Headache, Irritability

Delays

Weight increase, Fatigue

Heavy bleeding

Menstrual clots

Post-menstrual depression

Physiological examination (if conducted)

By: _____ Date: _____

Weight: _____ Height: _____

Assessment

Is each method (A or B) equal to or better than the other? (Indicate by tick or cross)

Is A better than B? (Indicate by tick or cross)

Is B better than A? (Indicate by tick or cross)

Product selected: _____

Every woman's sex hormone pattern is a balance of oestrogen and progesterone. The pattern may be weighted towards either hormone, or balanced between the two. Similarly, while oral contraceptives are mainly oestrogenic in nature, others are progesterogenic and some are balanced. It would obviously make good sense to choose an oral contraceptive which would maintain a balanced hormonal status, or (in oestrogenic or progesterogenic women) tend to balance these forces. The practical benefits to the patient would include a reduced

risk of tiresome side-effects, as well as a reduction in premenstrual and menstrual symptoms. Syntex have developed an easy-to-use method of achieving this scientific choice of oral contraceptive, without the need for protracted prior investigations. The core of the Syntex method is a simple assessment form to estimate the hormonal profile of the patient. Ask your Syntex representative to give you a supply of these assessment forms in the new oral contraceptive selection wallet — or write to Department AIJ at the address below.

Syntex  world leader in steroid research, makers of

Norinyl-1 *ultra*-low dose balanced formula

Each tablet contains 1.0 mg. of Norethisterone BP and 0.05 mg. mestranol. Packed in wallets of 21 tablets (one month's supply)

Norinyl-2 low-dose 'progesterogenic' formula

Each tablet contains 2.0 mg Norethisterone BP and 0.1 mg mestranol. Packed in wallets of 21 tablets (one month's supply)

Full information available on request: Syntex Pharmaceuticals Ltd., St. Ives House, Maidenhead, Berks.