UPTAKE OF THE NHS HEALTH CHECKS PROGRAMME IN A DEPRIVED, CULTURALLY DIVERSE SETTING: CROSS SECTIONAL STUDY

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Abstracts

The uptake of cardiovascular risk assessment and the prescribing of statins in high risk patients was considerably lower than projected in the first year of the NHS Health Checks programme. If these levels of patient involvement in the NHS Health Checks persist, the programme will have limited impact on the population’s disease burden. Targeting efforts to increase uptake, improve risk communication, and adherence to interventions in high risk populations is vital for the success of the programme. Alternatively reinvesting programme resources into population wide strategies to reduce obesity, smoking, and salt intake may prove more cost-effective in reducing the burden of cardiovascular disease in the UK than mass screening.
Uptake of the NHS Health Checks programme in a deprived, culturally diverse setting: Cross sectional study

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