healthy (OR 1.9, p=0.02), going "on the road" at least twice in the last year (OR 2.3, p=0.03) and a brisk walk at least once in the last week (OR 2.4, p=0.000). Good SRH was inversely associated with increasing age-group (p=0.000), smoking (OR 0.6, p=0.03), activity-limiting ill health for  $\geq 1$  day in the last month (OR 0.4, p=0.001), chronic health condition diagnosed by the GP (OR 0.4, p=0.002), and having been screened for hypertension, high cholesterol or diabetes (OR 0.6, p=0.03).

**Conclusion** There is a clear relationship between established health determinants and SRH in the Traveller community, suggesting the importance of both material and psychosocial factors. The directionality of the relationship between cultural factors and lifestyle cannot be inferred in these models.

057

ALL IRELAND TRAVELLER HEALTH STUDY: INCREASING GAP IN MORTALITY BETWEEN TRAVELLER AND GENERAL POPULATIONS IN THE REPUBLIC OF IRELAND OVER TWO DECADES

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**Background** Irish Travellers are a distinct minority group characterised by a nomadic lifestyle, specific culture and substantial socioeconomic and health disadvantage. When examined in 1987 the Traveller community in the Republic of Ireland (ROI) were shown to have a higher mortality than the general population. Updated information was needed to inform policy action in this area.

**Objective** To examine the current mortality experience of Irish Travellers in the ROI and to contrast it with that of the general population.

**Design, setting and participants** We conducted a retrospective mortality count as part of a wider Traveller Census (The All Ireland Traveller Health Study). In ROI 9056 Traveller families were surveyed. Census respondents were asked to identify all immediate and extended family members who died over an exact 12 month period preceding the census date. Information obtained was corroborated with and supplemented by reports from the Traveller health networks, Public Health Nurses and General Registrar death records

**Main outcome measures** Standardised mortality ratios (SMR) with 95% CI using the 2008 ROI general population mortality rates as standard.

**Results** There were 188 Traveller deaths in the year preceding the census date of October 14<sup>th</sup> 2008. Traveller mortality in ROI is nearly three and a half times higher than that of the general population (SMR 348; 95% CI 298 to 397). This compares with a corresponding SMR of 254 calculated in 1987. Though general population mortality (age-adjusted) has declined by 35% over the past 20 years, Traveller mortality has only dropped by 13%, thus widening the mortality gap. Males have a significantly higher mortality than females with an SMR of 469 (95% CI 387 to 552) compared to a female SMR of 232 (95% CI 175 to 289). With a standard set of general population mortality rates in those aged 15 years and over, Travellers had an SMR of 277 (95% CI 235 to 319) compared to an SMR of 232 (95% CI 227 to 237) in the lower socioeconomic group of the general population.

**Conclusion** Mortality among Irish Travellers has declined over the past 20 years but at a slower rate than that of the general population; the gap between Travellers and the general population has widened, particularly in males. The current gap is larger than that between the lower socio-economic group and the general ROI population. The results highlight the value of mortality measurement in uncovering health trends and health inequalities.

## Pregnancy and/or smoking

058

JUST LOOK FOR AN ASHTRAY: PRAGMATIC FACTORS
ASSOCIATED WITH SMOKING RELAPSE POSTPARTUM

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**Objective** Most women who stop smoking during their pregnancy will relapse within the first 6 months after birth, with health risks to the mother and family. There have been few UK-specific studies identifying factors associated with relapse. Such information would help health care providers identify those most at risk so that extra support and resources can be targeted. We examined whether a small set of factors that are potentially readily measured or observable in routine health care settings were associated with women at risk for relapse postpartum.

**Design and setting** Analysis of the first wave of the Millennium Cohort Study. Variables in the final model were selected using backwards logistic regression weighted to account for the complex survey design.

**Participants** 2353 natural mothers who reported quitting smoking during their pregnancy.

Main outcome measure Postpartum smoking relapse.

Results 58% of mothers who quit during pregnancy were smoking again at 9 months. Only 16.2% of smoking couples quit together. The strongest risk factors were related to postnatal partner smoking status and single parenthood. Compared to mothers with a nonsmoking partner, the risk of relapse was higher for those with a partner who smoked at 9 months (OR 3.2, 95% CI 2.6 to 3.9), a partner who smoked antenatally (1.2, 1.4 to 2.1), and those who had no live-in partner postnatally (3.2, 2.2 to 4.8) or antenatally (2.3, 1.5 to 3.4). Other significant risk factors remaining in the models were the mother having no-one to share her feelings with, drinking 1-2 times a month or 1-2 times a week, having fewer educational qualifications and more children in the household. Factors that did not appear to be influential in the final models were age, ethnicity, change in marital status from birth to 9 months, depression history, financial status, timing of entry into ante-natal care, feelings about the pregnancy or breastfeeding.

**Conclusion** Pragmatic variables can be used to identify women at higher risk for relapse. The validity of these findings are potentially limited by the inability to measure antenatal intent to relapse, the smoking cessation and relapse prevention interventions actually received, and timing/sequence of relapse for partner-mother pairs in this data set. Both partner smoking habits and single marital status are strongly associated with relapse and can be readily identified both antenatally and postnatally by healthcare providers.

059

## MATERNAL AND PATERNAL SMOKING DURING PREGNANCY AND TRAJECTORIES OF GROWTH AND ADIPOSITY IN THE OFFSPRING

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**Objective** To explore the associations of maternal smoking during pregnancy with offspring trajectories of height, weight and adiposity and to compare these with associations with paternal smoking to determine whether any associations are driven by intrauterine mechanisms.